Contemplative Outreach News

Volume 11, Number 2 • Winter 1997

Centering Prayer and the Transformation of Divine Love

Thomas Keating, O.C.S.O.

ith regard to our psychological experience of Centering Prayer, we have to be careful not to project our own judgment on God. God responds to each of us where we are, and takes into account what we are capable of. Everyone of good will who offers prayer of any kind is certainly going to be heard. We do not have to wait until we have reached deep interior silence in order to pray. We must pray as we can and hope for the mercy of God. It is by doing Centering Prayer on a regular basis that God is moved to raise us to higher states of prayer. After all, the fundamental purpose of prayer, including the prayer of petition, is not to get something from God or to change God, but to change ourselves. When we have changed, God can give us everything we want, because our wills will be one with God, and we will want only what God wants.

The ultimate purpose of every kind of prayer is to give ourselves to God, and to make it possible for God to do what he always wanted to do in the first place, which is to give us the divine life. Deep prayer is the condition that God is waiting for in order to communicate his divine life and holiness to us. Such is the purpose of our creation in the first place.

There is an important connection between vocal prayer and the experience of interior silence. The Word of God emerges from the infinite silence of the Father, Who is the source of the divine life. That is the model for every Christian life. When our own words and actions (which are also words) emerge from regular periods of deep interior silence, we will begin to see spontaneously what is more important and what is less important in our daily occupations and duties. That will save us a lot of time in the long run.

In the liturgy, for instance, if the service itself began with a few moments of silence and ended with silence, or if the readings were preceded and followed by silent pauses, the experience of the sacred words emerging out of the silence would be much more powerful and effective. It would make the hymns of praise and the prayers of petition much more meaningful to the congregation. There is an essential relationship between silence and speech, because everything comes out of silence. When our life emerges from periods of silence, it is a more genuine life; and when we return to silence, our life receives its truest meaning. In the beginning, both cannot be done at the same time, but in time they will tend to merge. Then, interior silence does not have to be prolonged in order to produce its transforming effects in daily life.

One of the things that Centering Prayer, as it deepens, will affect is our intuition of the oneness of the human family, and indeed, the oneness of all creation. As one moves into one's own inmost being, one comes in contact with what is the inmost being of everyone else. Although each of us retains his or her own unique personhood, we are necessarily associated with the Divine-human person who has taken the whole human family to himself in such a way as to be the inmost reality of each individual member of it. And so, when one is praying in one's inmost being, in one's spirit, one is praying so to speak, in everyone else's spirit.

In the Eucharist, we are not only joined to Jesus Christ present with his whole being under the symbols of bread and wine, but we believe we are joined with all other Christians, with every member of the human race, and indeed with the whole of creation. Jesus Christ in his divinity is in the hearts of all men and women and in the heart of all creation, sustaining everything in being. This mystery of oneness enables us to emerge from the Eucharist with a refined inward eye, and invites us to perceive the mystery of Christ everywhere and in every thing. He who is hidden from our senses and intellect in his divine nature becomes more and more transparent to the eyes of faith to the consciousness that is being transformed. Christ's Spirit in us perceives the same Spirit in others. The

continued next page

Centering Prayer and the Transformation of Divine Love

Continued from page 1

Eucharist is the celebration of life, the dance of the divine in human form. We are part of that dance. Each of us is a continuation of Christ's incarnation insofar as we are living Christ's life in our own lives - or rather, instead of our own lives. The Eucharist is the summary of all creation coming together in a single hymn of praise and thanksgiving. In the Eucharist all creation is transformed into the body of Christ, united with his divine Person, and thrust into the depths of the Father for ever and ever. Even material creation has become divine in him. "For the creation," says Paul, "waits with eager longing for the revealing of the sons and daughters of God" (Rom. 8:19).

Centering prayer and interior silence deepen our appreciation of and receptivity to the Eucharist. The Eucharist also helps to develop and nourish Centering Prayer and interior silence. They are mutually reinforcing. Through deep prayer, one appreciates the meaning of the sacraments and increases their effectiveness.

It is not so much the length of time that one spends in prayer but the quality of it that is transforming and that nourishes and refreshes at the deepest level. The most effective prayer takes place when one is not even aware of praying - when one has merged and lost one's own identity in the mystery of Christ. This union is the ultimate goal of the Eucharist. Interior union with Christ comes by assimilating the Eucharistic food into our own body and spirit. The physical act of eating is the symbol of what is happening spiritually and points to the interpenetration that is taking place between Christ and us. This interpenetration is designed to further our evolution into vertical time and our assimilation of the eternal values that Christ has brought into the world through his incarnation and communicated to us in all its fullness by his passion, death, resurrection and ascension. The purpose of our historical lifetime is to provide us with space to complete this transformation of body, soul and spirit.

Contemplative Outreach United in Prayer Intensive Day of Prayer Saturday, March 21, 1998

Mark your calendars and plan to participate in our Annual Contemplative Outreach United in Prayer Intensive Day of Prayer on Saturday, March 21, 1998. Our theme this year is transformation. We have a brand new videotape featuring Fr. Thomas speaking on "Transformation in Christ - according to St. Therese of Lisieux."

This day is one way of inviting the entire Contemplative Outreach Network to unite in a silent bond of praise across the globe. We have prepared a format for the Intensive Day and the videotape of Fr. Thomas' conference wil serve as the centerpiece to make this a

special event. Last year we had 86 areas participate. Plan to join us this year.

If you wish to host a day in your local area, Centering Prayer Group or with a few interested friends, simply order your tape and format. Please fill in the form below and we will send you the package in plenty of time to prepare for the event. The special price is \$19.95 plus \$4.00 for postage and handling. The tape is also available in PAL format for foreign countries. Shipping will be slightly higher for foreign mail.

Amail the coupon below to the National Office, POB 737, Butler, N.J. 07405

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Letter from the Executive Director

Dear Friends of Contemplative Outreach, Ltd.

Our new office space is proving to be a great benefit to us. We are able to have meetings here and each of us has our own space. The Mail Room is filled with books, tapes and resources that are ready to mail out. Thank you for your generous contributions which covered half of our \$8,000 relocation expenses.

Our October Coordinator's Conference in Andover, MA, attended by 175 people from all over the world, was a great success. The Fall color display in New England was a treat for everyone most especially for the people from countries like the Philippines and Malaysia.

The Annual Contemplative Outreach United in Prayer Intensive Day of Prayer is planned for Saturday, March 21, 1998. We welcome your participation. See details on page 2

We are announcing three new books - <u>Active Meditations</u> for <u>Contemplative Prayer</u> - over 200 short meditations from the wisdom of several of Fr. Keating's most popular books; <u>Centering Prayer in Life and Ministry</u>, edited by Gustave Reininger - a collection of essays containing many key insights into the meaning and practice of Centering Prayer; and, <u>Thoughts Matter</u> by Sr. Mary Margaret Funk, OSB - written for serious seekers, this book explores the thought of the early Christian desert tradition exemplified in the writings of John Cassian. Order form for books on page 5.

We are continuing our Spanish translation project. Open Mind, Open Heart, Invitation to Love, Kingdom of God is Like and Intimacy with God are completed. We are captioning the "Spiritual Journey" Video Tape Series and Set One from the Christian Contemplative Heritage Video Tape Series in Spanish as well.

KALEIDOSCOPE, the nation's only Health, Wellness, and Ability cable network, recently completed a project with Contemplative Outreach, Ltd. that will benefit people who are deaf or hard of hearing. KALEIDOSCOPE provided captioning for the 4 parts of the "Spiritual Journey" Video Series. Our special thanks to KALEIDOSCOPE who "believes that commitment to health and wholeness walks hand in hand with Contemplative Outreach's ideals".

As we approach the Season of Light, we recall that God continues to dwell within and among us. Let's celebrate the Mystery of Christ together.

With a grateful spirit,

Lair to patrick to fagler_

Gail Fitzpatrick-Hopler Executive Director

The Question Corner

What does Centering Prayer offer to a person who is seeking love, self esteem and dignity?

Fr. Thomas: Nothing is more affirming than to feel oneself as loved by God. CP gives a person opportunity to get acquainted with God, not through concepts but through concepts but through union. And God turns out to be quite a nice person, a giver of peace, calm love, encouragement, and above all, incredible affirmation of one's value as a unique expression of God's image.

What does CP offer to the professionals?

Fr. Thomas: The idea of prayer as relationship. We are being invited into a co-partnership in God's life and love. The busier we are, the more occupied we are with things that involve great concentration, the more we need to achieve health and balance through a period of solitude, or rest. Working people need structures in which they can find some refreshment, some changes of pace, some oasis.

What does CP offer the more traditional and conservative Christian?

Fr. Thomas: The bridge that unites us all is scripture. CP as we present it is really a development of Lectio Divina, a four-fold ancient Christian prayer of relating to God's Word: Read, Reflect, Respond, Rest. The reading of scripture is not a one-dimensional experience, but a dynamic process that moves one's relationship to further dimensions of communing with God, resting in God on the journey.

So, bringing back CP restores ancient Christian tradition?

Fr. Thomas: Yes, it is a way of recovering the whole tradition. Otherwise, traditional prayer becomes a kind of dead letter literalism. We don't disparage the literal sense, but it is only the beginning. God's Word is gradually interior-ized from its external meaning to transform us that we may become the Word of God to express Gospel values in our lives in our time.

The above was excerpted from City Quest Parables, Spring 1997 issue.

Editor's Note: The Question Corner is new with this issue. We welcome your comments and suggestions for future issues.

Updates

BOYNTON BEACH, FL.

Mary Anne Wagner

Several Centering Prayer Groups of the Palm Beach Diocese formed a coalition to present an extended program to provide material for all levels of Centering Prayer practitioners. We asked Frs. Basil Pennington and Carl Arico to present Workshops. In overview, we put together a program to introduce Centering Prayer (by Fr. Basil Pennington at the first Workshop), and then followed up with susequent sessions to deepen the awareness of the process. In the 6 weeks between Fr. Basil and Fr. Carl, we conducted weekly meetings (24 in all plus 2 weekend workshops). Each venue met one evening each week - a program exclusive to each site was presented. People familiar with the process were Facilitators, responsible for fielding questions and leading group prayer. At one place, we used Fr. Keating's first six tapes, at a second, the next six, and at another, the final six tapes. At the fourth meeting, we showed tapes of Thomas Merton, Bede Griffith, the Cloud of Unknowing with Fr. Bill Meninger. Participants were free to attend any or all sessions, honoring their individual experience and need. The concluding workshop was presented by Fr. Carl based on the Human Condition and Lectio Divina. We were so pleased with the outcome that we are in the process of putting together a similar program for 1998. We will be happy to share what we have learned with any who might be interested. Call 561 642-1872.

CENTRAL FLORIDA

Basha Perez

Contemplative Outreach Central Florida presented Contemplative Outreach Ltd. a check for \$5,000 from the contemplative Pilgrimage to the Holy Land in May, 1997. An additional \$1,000 is in reserve for the Sr. Claire Gregg Scholarship Fund. We encourage other areas to support the National Office with some type of fund-raising effort. It is a labor of love, and a small way of saying "thank you" for all that has been given to us through the efforts of Thomas Keating and his dedicated staff. WE ARE GOING AGAIN TO THE HOLY LAND in October, 1998. Fr. Bill Sheehan will be the Spiritual Director. If you are interested, contact Ilse Reissner, 407 767-8271.

DENVER

Sr. Bernadette Teasdale

Scripture tells us that all things work together for good for those who love God. What better testimony to the working of the Spirit among us in Denver than the transformation of a former convent into our new Center for Contemplative Living. After sharing quarters for ten years, we grew to need our own home, and what a home it is - numerous meeting rooms and offices, a library, bookstore, and the crown jewel, the chapel dedicated to our Blessed Mother. The major renovation was completed over four months by an army of volunteers, and classes began last month. Fr. Thomas Keating celebrated a Mass of Thanksgiving at the opening September 13, and he will return for a mini-retreat November 1. A full slate of classes on the Spiritual Journey, days of prayer, weekend Intensives, and special topic workshops are scheduled through the end of the year.

KENTUCKY

Mark Dundon

Fr. Thomas Keating held the attention and the hearts of over 500 persons who attended his presentations in Kentucky on September 6. Ruth Dundon also arranged for Fr. Thomas to speak to the Facilitators on the Ministry of Contemplative Outreach service. An anointing and blessing service was held for the new co-coordinators for Kentucky, Jean Johnson and Bea Keller, SCN, as well as for Ruth as she moves from Kentucky. Her coworkers expressed sincere appeciation for Ruth's pioneering work. We were also privileged to have Sr. Mary Margaret Funk, OSB meet with the Facilitators. Meg led the group through Lectio Divina, Centering Prayer and gave a presentation on the life cycle of groups such as Centering Prayer Groups. Kentucky has been enriched by the presence of Fr. Thomas and Sr. Meg.

OHIO

Kay Powers

The staff of Contemplative Outreach Ohio still miss the wise counsel of Bill Singelis. Thank you for your prayers and support. We know Bill and Sr. Joanne Mascha must be working overtime in guiding our efforts because this coming year we will offer both a 7 Day Intensive Retreat and a Formation for Contemplative Outreach Service Workshop. We are blessed in that Fr. Thomas Keating will be in Cleveland at the end of July, and will give a talk that is open to the public on August 2. We have an exciting year planned, and if you are interested in attending any of our programs, call 216-932-8911.

ST. PAUL, MN.

Patricia Roberts

The Centering Prayer team at St. Paul's Monastery welcomed three new Centering Prayer teachers - Yvonne Link, Sr., Annette Esbolt, OSB and Bob DeLastrada. June 21 was the First Annual Centering Prayer Convention for the Midwest with Fr. Thomas as the keynote speaker. The date set for 1998 is June 6 and Fr. Thomas is again the keynote speaker. For information call 612 777-7251. Fr. Thomas has appointed Patricia Roberts as part-time Coordinator for Hispanic Ministries, working with Gail F. Hopler and a Hispanic Advisory Board. The first activity in Spanish will be the Formation for Contemplative Outreach Service, Feb. 15-22, 1998 at Manresa Retreat Center in Miami, Fl. We hope to identify Centering Prayer groups already established in the Hispanic Community who would like to network.

SAN GABRIEL VALLEY

Rev. lim Clark

The San Gabriel Valley Region of Contemplative Outreach has been in operation for several years, offering Introductory Workshops, Retreats and quiet days, Taize Workshop services and teaching in the contemplative dimension of the Gospel at the DePaul Center in Montebello; Mater Dolorosa in Sierra Madre; Pasadena Presbyterian Church, and the Chuch of Our Saviour in San Gabriel. The Regional Coordinator, The Rev. Jim Clark, Associate Rector at Church of Our Saviour, 535 W. Roses Road, San Gabriel, CA 91775, can be reached at 626 282-5147.

WASHINGTON, DC

Rev. Eugene Sutton

Contemplative Outreach of Metropolitan Washington (COMW) was formed in March 1997. In September, COMW held a Retreat Day led by Rev. Eugene Sutton and Fr. Bill Sheehan, Provincial of the Oblates of Mary Immaculate. Fr. Thomas is a featured speaker at the November Common Boundary Conference. At the same Conference, Fr. Sutton will lead an Episcopal Contemplative Eucharistic Service, and a Centering Prayer Workshop. On February 28, Fr. Keating is the keynote speaker at a Centering Prayer Retreat Day at the Washington National Cathedral. COMW will host Facilitator Training in late January, an Introductory Workshop and a 5 Day Intensive Retreat. Centering Prayer Groups meet in churches of various denominations throughout the metropolitan area. For information, call 202 237-9283.

WESTERN WYOMING

Rev. Sandra Casey-Martus

The Alta Retreat Center, located in the foot hills of the Grand Teton Mountain Range of Western Wyoming was founded in 1995 by The Right Rev. John Thornton, Bishop of Idaho. The solitude and natural beauty of Alta invites pilgrims to rest deeply and open themselves to God in prayer. The Director, Rev. Sandra Casey-Martus, an Episcopal priest is a member of the Contemplative Ourtreach Faculty. The Alta Retreat Center clearly supports and exemplifies Contemplative Outreach's commitment to the network's ecumenical vision. For schedules see the National Calendar of Events, or call 307 353-8100.

Snowmass Retreat June 1997

I close my eyes when the morning's still dark. I open them when the rays filter in shaping triangles of sunlight on the soft green floor.

Others appear, sighing, yawning, stretching their arms in the air, and doing so now, here, as we follow the long way in.

Rising and walking in the silence, we pass the window that causes the sun to make these three-cornered forms on the rug.

But we go no further than the sun, return instead to the Other inside who calls and calls again, and will till we die, we know.

So we sit once more, together, with God. We do and I, the distinctions make no sense and all the sense in the world, at the same time.

Eyes opened differently now, we find ourselves on the road, passing the lupine so gloriously blue, yes passing them by.

Postage and Handling:

When the meadowlark sings us to the chapel, we listen and stroll, hear and move on.

None of it's ours and we're especially glad.

By the time we're at lauds we're buoyant beyond words and shocked when we cry in the middle of the monks' plain chant.

Before too long, we're standing with them, waiting, a tiny piece of bread in our palms. It's not clear whether we're taking it in

or being taken in, so we try to get used to confusion, heads spinning, I don't know where I am, for the moment, don't care.

For the moment expands when I leave it to itself: God knows the moment's unleased! I am sad and I'm not; I am happy and I'm not.

This peace resembles nothing I've lived...
I can't hold on by myself; those who are not near me are not, I'm lonely, yet I'm not.

Barbara Wuest Milwauke, WI

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- Invitation to Love: \$12.95
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- Active Meditations for Contemplative Prayer: \$12.95 (hard cover)
- Centering Prayer in Life and Ministry, edited by Gustave Reininger: \$11.95

by Sr. Thelma Hall

__ Too Deep for Words: \$6.95

by Mary Margaret Funk, OSB

__ Thoughts Matter: \$14.95 (hard cover)

by Father William Meninger

- __ Loving Search for God: \$11.95
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Video and Audio Tapes

The Spiritual Journey- Fr. Thomas Keating

**The Spiritual Journey Videotape Series now available with captioning for the deaf. Price remains the same.

<u>VIDEO SERIES</u> with prologue and all four parts (26 tapes): \$649.99 (Includes guidebook and no charge for shipping.)

<u>VIDEO SERIES</u> without prologue, with all four parts (24 tapes): \$599.99 (Includes guidebook and no charge for shipping.) Also available per part (6

tapes): \$149.94; Prologue (2 tapes): \$49.99 and per tape: \$24.99. Guide-books: \$9.00 each.

Prologue: The Method of Centering Prayer and the

Psychology of Centering Prayer. (2 tapes)
Part I: Developing Centering Prayer (6 tapes)

Part 2: Models of the Human Condition (6 tapes)

Part 3: Paradigms of the Spiritual Journey (6 tapes)
Part 4: Contemplation, The Divine Therapy (6 tapes)

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 $Tape \, series \, locating \, Centering \, Prayer \, in \, the \, main stream \, of \, the \, Christian \, Contemplative \, Tradition. \, Available \, in \, both \, video \, and \, audio \, formats.$

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(Fr. Thomas Keating) Complete Set	\$309.99	\$122.95

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Mary Margaret Funk, OSB; Gail F. Hopler; Fr. Bruno Barnhart

Tape 6 - Lectio Divina Demonstration and Commentary

Mary Margaret Funk, OSB

Tape 7 - Centering Prayer and Lectio Divina

Thomas Keating, OCSO

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Fr. Thomas Keating, Fr. Bruno Barnhart; Mary Margaret Funk, OSB

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National Calendar of Events January-December 1998

Introduction to Centering Prayer Retreats/Workshops- A contemporary presentation of the discipline of Centering Prayer, as silent communion with God beyond concepts, words and images.

Los Altos, CA Jan 9-11 Contemplative Outreach Staff lesuit Retreat Contact: Mark Lodico Center 415 252-1667 Walden, NY Jan. 23-25 Contemplative Outreach Staff St. Andrew's Contact: Cathy McCarthy Retreat House 914 778-2102 Cullman, AL Jan 23-25 Contemplative Outreach Staff Contact: Sr. Eleanor Harrison Benedictine Conference Center 205 734-8302 Walden, NY Feb. 6-8 Contemplative Outreach Staff St. Andrew's Contact: Cathy McCarthy Retreat House 914 778-2102 Waldoboro, ME April 24-26 Contemplative Outreach Staff Contact: Adele Millette 207 832-6263 Hereford, England May 8-9 Contemplative Outreach Staff Belmont Abbey Contact: Pat Finn 01772 813421 New Baltimore, PA June 5-6 Contemplative Outreach Staff Contact: Rev. Mark S. Begly 814 733-2210 Los Angeles, CA June 26-28 Contemplative Outreach Staff Vina De Lestonnac Contact: Sr. Marilyn Omieczynski Retreat Center 562 941-4380 Aug 28-30 Cullman, AL Contemplative Outreach Staff Benedictine Conference Contact: Sr. Eleanor Harrison Center 205 734-8302 Walden, NY Sept. 18-20 Contemplative Outreach Staff St. Andrew's Contact: Cathy McCarthy Retreat House 914 778-2102 Walden, NY Oct. 30-Nov.I Contemplative Outreach Staff St. Andrew's Contact: Cathy McCarthy Retreat House 914 778-2102

Introduction to Lectio Divina Retreats/Workshops- Conferences and practice introducing us to the most traditional way of cultivating friendship with Christ.

Birmingham, AL Feb. 14-15 Mary Margaret Funk, OSB Contact: Caroline Humphreys 205 979-1159

Walden, NY June 5-7 Fr. Carl Arico St. Andrew's Contact: Cathy McCarthy Retreat House 914 778-2102

Centering Prayer Weekend Retreats- Includes conferences renewing the Method of Centering Prayer and a moderate amount of

Centering Prayer in common. Wash., DC Jan. 2-3 Contemplative Outreach Staff

Waldoboro, ME Jan 9-11 Contemplative Outreach Staff Contact: Adele Millette

Winter Park, FL Jan 16-18 San Pedro Center

Winnipeg, Canada Jan 16-18 St. Benedict's Retreat Conference Center

Venice, FL Jan 23-25 Day Spring

Belton, TX Jan 23-25 Cedarbrake

San Rafael, CA Jan. 30-Feb. 1 Santa Sabina Retreat Center

Lacey, WA Feb. 6-8

Honolulu, HI Feb 13-15

Burlington, WI Feb 27-March I St. Francis Retreat Center

Leicester, England March 2-5 Mt. St. Bernard's Monastery

Johannesburg March 5-8 S.Africa

Waldoboro, ME March 13-15

Bardstown, KY March 20-22 Catherine Spalding Center

Culiman, AL March 27-29 Benedictine Conference

Center

Nauvoo, IL April 16-19 St. Mary's Monastery

Miami, FL April 17-19 Dominican Retreat House

Portland, OR April 30-May 3 Franciscan Renewal Center

May 1-3

May 15-17

Lacey, WA

Walden, NY St. Andrew's Retreat House Fr. Bill Sheehan Contact: Basha Perez 407 869-0781

Contemplative Outreach Staff Catherine Labinowich, OSB 204 339-1705

Fr. Bill Sheehan Contact: Mimi Reilly 941 484-9543

Contemplative Outreach Staff Contact: Tim & Barbara Cook 512 343-6013

Contemplative Outreach Staff Contact: Mark Lodico 415 252-1667

Contemplative Outreach Staff Contact: Billie Mazzei 360 438-2595

Contemplative Outreach Staff Contact: Sr. Katherine Theiler 808 523-1170

Contemplative Outreach Staff Contact: Madeline Soo 414 961-2610

Contemplative Outreach Staff Contact: Pat Finn 01772 813421

Contemplative Outreach Staff Contact: Kit McLoughlin 011 27 11 803 1831 Contemplative Outreach Staff

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Fr. Bill Sheehan Contact: Dominican Sisters 305 238-2711

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Contact: Janet Aldrich 202 387-5228

207 832-6263

National Calendar of Events

Continued from page 7

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Beech Grove, IN Benedict Inn	July 7-8	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 788-7581	Lantana, FL Cenacle	Oct 29-Nov 2	Fr. Bill Sheehan Contact: Barbara Reitberg 305 386-7507		
Waldoboro, ME	Contact: Adela Milletta		Belton, TX Nov 4-8 Cedarbrake		Contemplative Outreach Staff Contact: Tim & Barbara Cook 512 343-6013		
Cedarbrake C		Contemplative Outreach Staff Contact: Tim & Barbara Cook	7 Day Intensive Retreats				
Bay Area, CA	Aug 21-23	512 343-6013 Contemplative Outreach Staff	Alta, WY (Full) Alta Retreat Center	Jan 21-27	Rev. Dan Webster Contact:Rev.Sandra-CaseyMartus		
To be named		Contact: Mark Lodico 415 252-1667	Cleveland, OH	Feb 13-20	307 353-8100 Fr. Bill Fickel		
Waldoboro, ME	Sept. 4-6	Contemplative Outreach Staff Contact: Adele Millette	St. Joseph Christian Life Center		Contact: Kay Powers 216 932-8911		
	0.04	207 832-6263	Alta, WY Alta Retreat Center	March 8-14	Elizabeth Kelly Contact:Rev.SandraCasey-Martus		
Temecula, CA Vina de Lestonnac Retreat	Oct 9-11	Contemplative Outreach Staff Contact: Joe Kurowski 760 732-3789	Alta, WY	April 19-25	307 353-8100 Rev. Martin O'Loghlen		
Citrus Hghts.,CA	Oct 22-24	Contemplative Outreach Staff	Alta Retreat Center		Contact:Rev.SandraCasey-Martus 307 353-8100		
Christ the King		Contact: Mark Lodico 415 252-1667	Alta, WY	May 17-23	Rev. John Corbiere ContactRev.SandraCasey-Martus		
Cleveland, OH St. Joseph Christian	Oct 24-26	Contemplative Outreach Staff Contact: Kay Powers	Alta Retreat Center		307 353-8100		
Life Center Bay Area, CA	Oct 31-Nov 2	216 932-8911 Contemplative Outreach Staff	Alta, WY Alta Retreat Center	June 14-20	Catherine Bazar, OP Contact:Rev.SandraCasey-Martus 307 353-8100		
Carmelite House of Prayer		Contact: Mark Lodico 415 252-1667	1 0	June 20-27	Contemplative Outreach Staff		
Warrenville, IL Cenacle	Nov 6-8	Contemplative Outreach Staff Contact: Sr. Joyce Kemp	Dominican Retreat House		Contact: Audrey Cleary, OSB 319 333-6189		
Cullman, AL	Nov 20-22	630 939-1231 Contemplative Outreach Staff	Alta, WY Alta Retreat Center	July 12-18	Marilyn Omieczynski, PBVM Contact:Rev.SandraCasey-Martus 307 353-8100		
Benedictine Confer Center		Contact: Sr. Eleanor Harrison 205 734-8302	Alta, WY Alta Retreat Center	Aug 9-15	Contemplative Outreach Staff Contact Rev. Sandra Casey-Martus		
Beech Grove, IN Benedict Inn	Dec. 1-2	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 788-7581	Paul Anna CA	Aug 16-23	307 353-8100 Contemplative Outreach Staff		
Intensive Cents	oring Prayer Retri	eats - provides an opportunity	Bay Area, CA To be named	Abg 10-23	Contact: Mark Lodico 415 252-1667		
to immerse particio	pants in the practice of	Centering Prayer as taught by	Alta, WY	Sept. 20-26	Susan Turpin		
"Spiritual Journey" modified to 8, 7 or	Videotape series by	nsive features Parts I, II, III of the Fr. Thomas Keating. May be	Alta Retreat Center	r	Contact:Rev.SandraCasey-Martus 307 353-8100		
5 Day Intensive	•		Alta, WY Alta Retreat Center	Oct 18-24 r	Rev. Dick Loop Contact:Rev.SandraCasey-Martus		
Temecula, CA	March 6-11	Contemplative Outreach Staff			307 353-8100		
Vina de Lestonnac Retreat		Contact: Joe Kurowski 760 732-3789	Alta, WY Alta Retreat Center	Nov. 15-21	Contemplative Outreach Staff Contact Rev. Sandra Casey-Martus 307 353-8100		
Belton, TX Cedarbrake	March II-15	Contemplative Outreach Staff Contact: Tim & Barbara Cook 512 343-6013	Alta, WY Alta Retreat Cente	Dec. 6-12 _.	Elizabeth Kelly ContactRev.SandraCasey-Martus		
New Baltimore,	Pa. May 29-June 3	Contemplative Outreach Staff Contact: Rev. Mark S. Begly	8 Day Intensive I	Retreats	307 353-8100		
		814 733-2210	Sewanee, TN	Jan 11-18	Contemplative Outreach Staff		
Westpark, NY Holy Cross Monas	June 23-28 stery	Rev. Eugene Sutton Contact: Janet Aldrich 202 387-5228	St. Mary's Retreat Center	•	Contact: Carol Wray 615 373-0613		
St. Paul, MN Benedictine Cente St. Paul's Monaster	•	Contemplative Outreach Staff Contact: Patricia Roberts 612 777-7251	Durban, S.Africa	March 20-27	Contemplative Outreach Staff Contact: Winnie Young 011 27 31 222 163		

Cape Town, S.Africa	Apr 24-May 2	Contemplative Outreach Staff Contact: Sylvia Collier 011 27 21 913 4576	tunity for intensive Centering Prayer, Lectio Divina, solitude and silenc community. Prior Centering Prayer Retreat experience necessary. May			
Johannesburg, S.Africa	May 8-15	Contemplative Outreach Staff Contact: Kit McLoughlin 011 27 11 803-1831	5, 8 or 10 day. 5 Day Post Inten Walden, NY	Contemplative Outreach Staff		
Sewanee, TN St. Mary's Retreat	June 7-14	Contemplative Outreach Staff Contact: Carol Wray	St. Andrews Retreat House	Feb. 24-Mar Lent	Contact: Cathy McCarthy 914 778-2102	
Center Honolulu, HI	June 21-29	615 373-0613 Contemplative Outreach Staff Contact: Sr. Katherine Theiler	Cortaro, AZ Picture Rock Red. Retreat Center	April 15-19	Contemplative Outreach Staff Contact: John Cor 602 945-3705	
10 Day Intensive	Retreats	808 523-1170	Walden, NY St. Andrew's Retreat House	Dec. I-6 Advent	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102	
Beech Grove, IN Benedict Inn	Jan 9-18	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 788-7581	8 Day Post Intens			
Snowmass, CO (Full)	Jan 13-22	Contemplative Outreach Staff Contact: Pat Johnson	Honolulu, HI	July 22-29	Contemplative Outreach Staff Contact: Sr. Katherine Theiler 808 523-1170	
Snowmass, CO	Feb. 10-19	970 963-3964 Contemplative Outreach Staff	Davenport, IA	Aug. 2-9	Fr. Carl Arico Contact: Marie Howard 319-289-4712	
(Full) Snowmass, CO	April 14-23	Contact: Pat Johnson 970 963-3964 Contemplative Outreach Staff	South Africa	Nov 6-13	Fr. Carl Arico Contact: Maria McLoughlin	
(Full)	·	Contact: Pat Johnson 970 963-3964	011'27 1 803 831 10 Day Post Intensives			
Snowmass, CO (Full)	May 5-14	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	Sonoita, AZ Santa Rita Abbey	Jan 9-19	Contemplative Outreach Staff Contact: Mary L. 602 966-7558	
St. Leo, FL Holy Name Monasto	May 18-28 ery	Fr. Bill Fickel Contact: Basha Perez 407 869-0781	Amarillo, TX (Full)	March 17-26	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	
Snowmass, CO (Full)	June 16-25	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	St. Leo, FL Holy Name Monast	May 18-29 ery	Contemplative Outreach Staff Contact: Basha Perez 407 869-0781	
Ferdinand, IN Kordes Enrichment Center	June 26-July 5	Fr. Bill Fickel Contact:KristineA.Harpenau,OSB 800 880-2777	Belton, TX Cedarbrake	June 9-18	Contemplative Outreach Staff Contact: Tim & Barbara Cook 512 343-6013	
Norwich, England St. Michael's Conver		Contemplative Outreach Staff Contact: Pat Finn 01772 813421	Ferdinand, IN Kordes Enrichment	June 26-July 5	Contemplative Outreach Staff Contact:Kristine A. Harperau, OSB 800 880-2777	
Snowmass, CO	Oct 13-22	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	Cullman, AL Benedictine Confere Center	July 6-15 ence	Fr. Bill Fickel Contact: Sr. Mary McGehee 205 734-4622	
Advanced Centering Prayer Retreats- Provides an opportunity to deepen the practice of Centering Prayer in an atmosphere of silence and community support. The Advanced Intensive usually features Part IV of the		Snowmass, CO (Full)	Aug 4-13	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964		
ing Prayer Retreat e 10 Day Advanced	xperience required. N	Thomas Keating. Prior Center- 1ay be 8 or 10 day.	Walden, NY St. Andrew's	Aug. 14-23	Fr. Carl Arico Contact: Cathy McCarthy	
		Commence Com	Retreat House		914 778-2102	
Beech Grove, IN Benedict Inn	jan 9- 16	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 788-7581	Snowmass, CO (Full)	Aug 15-24	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964	
8 Day Advanced i	Retreats		Snowmass, CO	Sept. 15-24	Contemplative Outreach Staff	
Winnipeg, Canad St. Benedict's Retrea & Conference Cente	ıt	Contemplative Outreach Staff Catherine Labinowich, OSB 204 339-1705	(Full)		Contact: Pat Johnson 970 963-3964	
Snowmass, CO	Nov 7-14	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964			continued next page	

National Calendar of Events

Continued from page 9

Formation for Contemplative Outreach Service-Provides training and practice in interiorizing and communicating the essential elements of an Introductory Workshop on Centering Prayer, as well as an opportunity to look at our own Centering Prayer practice in light of the Essentials. Prerequisites are prior attendance at a 10 Day Intensive Retreat and the daily practice of Centering Prayer. The Course includes Centering Prayer and presentations by the staff and participants.

Beech Grove, IN Benedict Inn	Jan 9-18	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 788-7581
Capetown,S.Africa	aMay 5-9	Contemplative Outreach Staff Contact: Don Collier 011 27 21 913 457
Johannesburg S. Africa	May 15-21	Contemplative Outreach Staff Contact: Hilary Tyghe 011 27 642 8765
Walden, NY St. Andrew's Retreat House	June 12-18	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102
Sonoita, AZ Santa Rita Abbey	July 19-25	Contemplative Outreach Staff Contact: Kathleen Bischoff 602 473-2383
Cleveland, OH St. Joseph Christian Life Center	July 26-31	Contemplative Outreach Staff Contact: Kay Powers 216 932-8911
Bay Area, CA To be named	Aug 24-29	Contemplative Outreach Staff Contact: Mark Lodico 415 252-1667
Snowmass, CO	Nov. 17-24	Contemplative Outreach Staff Contact: Pat Johnson 970 963-3964

Open Mind, Open Heart Prayer Workshops- A spiritual practice of "Letting Go" of feelings, emotions, thoughts and body sensations into the present moment during the ordinary routines of daily life. Prior Centering Prayer experience necessary.

Centering Prayer exp	berience necessary.					
Walden, NY St. Andrew's Retreat House	April 3-5	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102				
New Baltimore, PA	June 6-7	Contemplative Outreach Staff Contact: Rev. Mark S. Begly 814 733-2210				
Walden, NY St. Andrew's Retreat House	Oct. 2-4	Contemplative Outreach Staff Contact: Cathy McCarthy 914 778-2102				
"Spiritual Journey" Tapes						
Beech Grove, IN Benedict Inn	Feb. 15-17 Part II	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 787-3287				
Beech Grove, IN Benedict Inn	Aug 28-30 Part II	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 787-3287				
Beech Grove, IN Benedict Inn	Sept.27-29 Part II	Contemplative Outreach Staff Contact: Carol Falkner, OSB 317 787-3287				
Nine Month Cour	se: The Practice of	Contemplative Living				
Walden, NY	Sept. 1998	Contemplative Outreach Staff				

thru May 1999

St. Andrew's

Retreat House

Contact: Cathy McCarthy

914 778-2102

Orlando, FL

AUSTRALIA

Sept. 1998 thru May 1999 Contemplative Outreach Staff Contact: Basha Perez

407 869-0781

Parish Missions/Retreats Given by Fr. Carl Arico Contact: National Office, Butler, NJ 973 838-3384

Dominican Republic San Antonio, TX Wausau, WI Sandusky, OH East Meadow, NY New Baltimore, PA Louisville, KY Largo, FL Rapid City, SD Walden, NY	Jan 9-23 Feb 7 Feb 14-17 Feb. 21-24 Feb. 28-Mar 3 Mar 7-10 Mar 20-22 Mar 28-31 April 2-4 April 8-12	Centering Prayer Retreats Centering Prayer Workshop Parish Mission - St. Anne Parish Mission - St. Mary's Parish Mission - St. Raphael's Parish Mission - St. John's Contemplative Outreach Parish Mision - St. Matthew's Retreat Holy Week Retreat - St.
Estes Park, CO Ramsey, NJ Walden, NY	April 18-21 May 2 July 18-31	Andrew's Parish Mission Day of Contemplative Enrichment (St. Andrew's) Live-In Experience (St.
Davenport, IA Snowmass, CO Omaha, NE Jefferson City, MO	Aug. 2-9 Sept. 15-24 Sept. 25-29 Oct 3-6	Andrew's) Post Intensive Lectio Post Intensive Weekend Retreat Parish Mission - St. Francis
Monmouth Junc.,NJ Phoenix, AZ	Oct 10-13 Oct 23-25	Xavier Parish Mission - St. Cecilia Weekend Retreat, Contem- plative Outreach

CO Contacts Outside the United States

West Australia West Australia West Australia West Australia	Rev. Gerry Doyle Philip Carrier Stephen & Mandy Skippe David & Christina Rusht	
CANADA		
Toronto, Ontario Winnipeg,MB	416-922-6451 h 204-338-4601	
DOMINICAN REPUB	LIC	
Santo Domingo	Isabel de Marion Landais	809-562-7832
ENGLAND		
Kent Nr Preston Preston SussexBrighton W.Yorkshire	Mrs. Pat Coffey Pat & Joe Finn Mrs. Elizabeth Smith Dennis Ford Aileen Moran	011441813037335 011441772813421 011441772629520 011441273307012 011441535272245
GERMANY		
Neuotting	Barbara Bregler	011498671882882
IRELAND		
Dublin	Br. Frank Martin	01135318342083
NICARAGUA	Mercedes Cesar	505-276-1810
PHILIPPINES		
Dasmarinas Village Dasmarinas Village	Grace Padilla Lita Salinas	011632468109573 011632468108825
SOUTH AFRICA	Maria McLoughlin	01127118031831

C.O. Area/ Regional Contacts United States

				•			
AK	Anchorage	Kess Frey	907-338-2894	ME	Waldoboro	Adele Millette	207-832-6263
AL.	Birmingham	Aloysius Golden	205-592-3930	MI	Haslett	David Sagula	517-347-2944
AL	Cullman	Sr. Mary McGehee	205-734-4622	MI	Midland	Claudette Boudreau Roth	517-839-5711
AR	North Little Rock	R. Scott Ogilby	501-835-2359	MI	Monroe	Mary Ann Carolin	313-242-5520
AZ	Paradise Valley	Ken Christopher	602-368-7237	MI	Saginaw	Nancy Spence	517-791-7079
AZ	Tucson	Frank Tuoti	520-749-3443	MI	So. Lyon	Therese Price	810-486-4572
AZ	Sonoita	Kathleen Bischoff	602-473-2383	MN	Cohasset	Nicholas Eltgroth	218-328-6396
CA	Arcata	Ross Connors-Keith	707-839-8946	MN	Duluth	Meridith Schifsky	218-728-3848
CA	Hermosa Beach	Tom & Leslie Murdock	310-822-8333	MN	St Joseph	Sr. Katherine Howard	320-363-7100
CA	Hermosa Beach	Rev. Paul Lawson	310-376-8989	MN	Saint Paul	Patricia Roberts	612-777-7251
CA CA	LaVerne Lemon Grove	Fr. Martin O'Loghlen	909-593-5441	MO	St. Louis	Susan Komis	888-350-5088
CA		Jack & Kathleen Tischhauser Barbara Brown-Thompson	619-461-0864	MS	Jackson	Sr.Therese Jacobs	601-353-3243
CA	Long Beach Los Angeles	Sr. Marilyn Omieczynski	310-438-1710	NC NC	Asheville Greensboro	Joe Lancaster	704-625-9753
CA	Los Angeles	Susan Turpin	626-280-8622 310-390-4165	NC	Raleigh	Fr. Frank Connolly	910-272-4681
CA	Nevada City	Jack & Bev Gorsuch	916-292-9425	NC	Raleigh	Jim Biggins	919-510-8834
CA	Pacific Palisades	Gus Reininger	310-573-7422	NE	Gering	Flo Hartye Ioe & Pat Masek	919-876-8935
CA	Pebble Beach	Paul Coletti	408-375-2705	NE	Omaha	Sharon Anderson	308-436-5536 402-346-9426
CA	San Diego	Joseph Kurowski	619-582-7992	NE	Omaha	Eleanore McNulty	402-333-3819
CA	San Diego	Fr. Justin Langille	619-582-7992	NH	Manchester	Sr. Maryann Laughlin	603-627-9493
CA	San Francisco	Mary English	415-282-8076	NJ	Вауоппе	Therese Saulnier	201-436-8256
CA	San Francisco	Mark Lodico	415-252-1667	NI	Eatontown	Marianne Daley	908-542-0264
CA	San Gabriel	Rev. James Clark	818-282-5147	NM	Albuquerque	Sr.Amata Dawson	505-877-4211
CO	Boulder	Barbara Hayden	303- 494 -2845	NM	Sante Fe	Susan Rush	505-466-4527
CO	Basalt	George Morgan	970-927-3110	NV	Las Vegas	Sr. Michele Fischer	702-647-8104
co	Carbondale	Patricia Johnson	970-963-3964	NY	Albany	Bruce Gardiner	518-325-5546
CO	Clifton	Pat Becker	970-434-8650	NY	Bay Shore	Donna Willems	516-243-2497
CO	Colorado Springs	David Salamon	719-475-7011	NY	Bayville	Paula Hastings	516-628-3486
co	Denver	Rev. David Morgan	303-832-7309	NY	Bronx	Elena Green	718-823-7780
CO CO	Denver Snowmass	Sr. Bernadette Teasdale Bonnie Shimizu	303-698-7729	NY	Brooklyn	William Fredrickson	718-499-7366
CT	Avon	Rev. Jon Widing	970-963-7408 203-673-9630	NY NY	Buffalo E Aurora	Sr. Dorothy Feltz	716-895-2591
CT	Greenwich	Pat Castellano	203-531-652B	NY	Hartsdale	Br. John Crocker Thomas Skinner	508-546-3066
DC	Washington	Rev. Eugene Sutton	202-237-9283	NY	Manhattan	Tony Russo	914-328-0420 212-285-1296
DC	Washington	lanet Aldrich	202-387-5228	NY	Port Chester	Joseph Zepf	914-937-2168
DC	Washington	Rev. William Sheehan	202-529-5958	NY	Queens	Ann Curley	718-978-7917
FL	Boynton Beach	Mary Anne Wagner	561-642-1872	NY	Walden	Cathy McCarthy	914-778-2102
FL	Bradenton	Donna Matthews	407-869-0781	NY	Williamsville	Msgr. David Gallivan	716-632-2559
FL	Mlami	Barbara Rietberg	305-386-7507	NY	Yonkers	Sr. Rose Vermette	914-963-2204
FL	Miami (Hispanic)	Carmen Sanchez	305-666-2075	ОН	Cincinnati	Susan Tew	513-B71-8270
FL FL	New Smyrna Beach	Jacqueline Brinkman	904-426-0329	ОН	Cleveland	Kay Powers	216-932-8911
FL	Orlando (Spanish) Orlando	lise Reissner Julio & Basha Perez	407-767-8271	ОН	Cleveland	Fr.William Fickel	216-442-3410
FL	Palm Bay	Melissa McKenna	941-758-8735	OK OR	Tulsa	Fr. Patrick Eastman	918-299-9406
FL	Satellite Beach	Rosemary Van Pelt	407-676-6034 407-777-3389	OR	Beaverton Mt. Angel	Virginia Graham	503-645-3448
FL	St Petersburg	Marjorie & John Rafftery	813-345-7908	PA	Erle	Sr.Antoinette Traeger Mary Dwyer	503-845-6773
FL	Venice	Mimi & Terry Reilly	941-484-9543	PA	Erle	Sr. Rita Panciera	814-838-6469 814-456-1802
HI	Honolulu	Sr. Katherine Theiler	808-523-1170	PA	Frenchville	Sr.Therese Dush	814-263-4855
IA	Davenport	Marie Howard	319-289-4712	PA	Lancaster	Elise Kandel	717-290-7889
ID	Alta Via Driggs	Rev. Sandy Casey-Martus	307-353-8100	PA	New Baltimore	Rev. Mark Begley	814-733-2210
IL.	Chicago	Margie Tomlinson	312-338-3840	PA	Philadelphia	Sr. Margaret Gradl	215-729-0437
IL.	Moline	Sr. Audrey Cleary	319-333-6189	PA	Pittsburgh	Jeane Kish	412-279-9505
IL.	Northbrook	Hal & Betsy Edwards	847-498-1342	PA	Pittsburgh	Rev Francis Meenan	412-761-6651
IL.	Peoria	Sr. Catherine Cleary	309-693-7063	SC	Greenville	Judy Lineback	864-246-3973
IL IN	Springfield Beech Grove	Sr. Helen Horne Sr. Carol Falkner	217-787-0481	TN	Knoxville	Fr. Terry Ryan	415-288-3820
IN	Ferdinand	Sr. Kristine Harpenau	317-787-3287	TN TN	Pulaski	Sr. Jean Tavin	615-363-5776
IN	Michigan City	George Cairns	800-880-2777 219-878-0454	TX	Sewanee Austin	Rev.Tom Ward	615-598-5088
KS	Wichita	Kathleen Muller	316-721-3515	TX	Fort Worth	Tim & Barbara Cook	512-343-6013
KY	Louisville	Bea Keller, SCN	502-459-0839	τx	Houston	Rev. Timothy Thompson Fred Eckart Jr.	817-246-3622 1-888-526-9186
KY	New Haven	Jean Johnson	502-549-3122	VA	Charlottesville	Jody Blatz	804-973-9590
KY	Owensboro	Gwen Goss	502-229-4103	WA	Seattle	Barbara Huston	206-282-9076
LA	Baton Rouge	Monica Freeman	504-924-3812	WA	Seattle	Rick Schroeder	206-328-7676
LA	Lake Charles	Barbara Tomme	318-855-4239	WA	Spokane	Gary & Lynnette Meisen-Vehrs	509-325-1909
LA	New Orleans	Daniel DeMers	504-394-1795	WI	Milwaukee	Madeline Soo	414-961-2610
MA	Acton	Frank Powaza	508-263-0639	WI	Sister Bay	Anne Egan	414-854-5755
MA	Amherst	Connie Daniel	413-256-1369	WY	Cheyenne	Cynthia Johnson	307-632-2751
MA	Hingham	Dr. Edward Gray	617-740-1154	WY	Cheyenne	Sr. Therese Steiner	307-778-8778
MA	Lowell	Sr. Lorraine Pianka	508-858-0856	augāl 🌬	Land Land	James Street	anti la comba
MA	Taunton	Ethel Fraga	508-822-2410				

Contemplative Outreach News

A BI-ANNUAL NEWSLETTER FOR THE GROWING CONTEMPLATIVE OUTREACH COMMUNITY WORLD-WIDE.

Networking, Resources, and Workshop Presenters are available at the Contemplative Outreach National Office. For more information contact:

Contemplative Outreach Ltd. National/International Office 10 Park Place, Suite 2B P.O. Box 737 **Butler, New Jersey 07405**

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