
CONTEMPLATIVE OUTREACH NEWS

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Opening Night Welcome

Thomas Keating, O.C.S.O.

*Apophatic Institute Sponsored by Contemplative Outreach, Ltd.
Epiphany 1994, Benedictine Center, Beech Grove, Indiana*



This week we will be hearing about what the most acute question on earth is: What is happiness and how do we find it?

If we do Centering Prayer two hours each day as scheduled during the retreat, the Holy Spirit will tell us not so much what to say, but what to do. The most significant part of this event is to listen to the valued information of the presenters from our own center, from the place of enlightened knowledge which is no knowledge. The Spirit is the only one who can translate information into experience. Let us make good use of the opportunity to pray together and renew our faith in the experience of prayer together. We can sometimes do something with the help of others that we cannot do alone. Let us also remember that the glorified Christ is the center of the prayer circle. He is the true meaning of the Christian apophatic tradition. Through it He is introducing us into the Paschal Mystery, the grace inspired and empowered movement toward the true self and divine union. The experiential part of this event to my mind is the most important. It is experience of Christ in prayer and the community that enables us to assimilate the teaching that reinforces our practices.

Centering Prayer is not so much a method or discipline as a relationship with God, more specifically a relationship with the Trinity that we all received in baptism and reinforced with our determination to seek God. The Trinitarian life is going on within us in such a way that it can be appropriated by allowing ourselves to be drawn into the stream of infinite charity that flows between the persons of the Trinity and flows into us through Christ, the Word made flesh. We share in his passion and death by the unloading of the unconscious and interior purification; and we share in his resurrection when we enjoy the contemplative gifts of wisdom and understanding.

Finally, Centering Prayer is bonding in its effects, or more exactly, it is ecclesial in its effects because when the Trinitarian life is accessed, it inspires the need for a community — a way of expressing it, sharing it, supporting it, and communicating it. In our Centering Prayer groups, the relationship with each other that takes place in silence is more wonderful than the relationship that comes through conversation, although such exchanges are a necessary completion of the awakening to our oneness in Christ.

And so, as we “hear” about the apophatic tradition, I hope that we can all be enriched by each other and deepen the bond that has already grown into a true family in the Holy Spirit.

CENTERING

In our darkest day and lonely nights
It's there we find the greatest light,

In our passion our souls cry out to thee
To make some sense of our weary needs,

We search with all the light we can spare
In hope to find our Savior there,

And then we see and then we don't
But yet we're closer to our hope,

Oh Lord! Oh Lord!
How in love we are with thee,

We sit in Faith on eagles' wings
For you, Oh Lord, are everything!

Tom Schude, Chicago, IL

Dear Friend of Contemplative Outreach, Ltd.,

As you can see we have expanded our newsletter to 12 pages and it has a new look. I am delighted to report that Susan Cobb has joined Therese Saulnier to create this edition.

Therese has been with us for 2 and 1/2 years as editor and is doing an excellent job. She volunteers her time and manages to get it all done while working full-time for AT&T and presenting Introductory Workshops on Centering Prayer in the New Jersey /New York metropolitan area for Contemplative Outreach.

Susan is taking the Contemplative Living Course at Chrysalis House and has decided to give service in the form of volunteering to layout the newsletter because she is a graphic designer by profession.

You will notice that we have included an envelope for a free will offering. We are not asking for a subscription fee because we want to spread the word about Centering Prayer and the contemplative life as far and as wide as possible. Yet, the cost of paper has skyrocketed and our costs have increased considerably. A simple cost breakdown for printing and mailing for 30,000 newsletters is:

• Printing	\$5,800.00
• Mailing Preparation	\$600.00
• Postage	\$2,500.00
• Total Cost	\$8,900.00

If all 30,000 recipients gave \$1 or if 15,000 gave \$2 or if 7,500 gave \$3 or if 3,750 gave \$4, we could more than cover our cost. Your help is needed and greatly appreciated.

*Thank you!
God bless you!
Gail Fitzpatrick-Hopler
Executive Director*

What is Safe?



“A safe and sacred place” – that’s how the priest described the retreat house. In 3 days, I’d already come to discover its sacredness, but I wasn’t yet sure of the “safe” feature. I don’t trust easily and, despite years of secular and spiritual help, safe is still an infrequently used adjective in my vocabulary.

Then they appeared. It was early twilight, sun gone but plenty of light yet. Four deer stood at the edge of the front lawn. We were at Mass in the prayer room facing that lawn, window open, listening to the homily. The priest stopped talking and watched with us. One young buck scampered without hesitation about two thirds of the way across in front of us, then turned as if to say to the others, “Watcha waitin’ for? It’s safe, I told you.” A second smaller deer – a young doe, perhaps – was already directly in front of the windows. Indecisively, she turned her head slowly from the brash young buck back to the two still in the shadows. Those two must have wielded some power for, without a sound, the two out in the open slowly wandered back. Then all four disappeared from sight as if on cue.

The priest resumed his talk and we resumed our listening. As he talked about the unexpected challenges that Jesus offers us on our journey with Him, I thought about the deer who felt safe and the ones who hadn’t.

I wondered how many times in my life I had allowed others to dissuade me from my sense of safety. Perhaps they were older, creating the illusion that they were wiser. Probably they were more fearful and maybe they didn’t know that we can create our own safety, our own trust.

Unlike those deer who plodded back into darkness, I’m grateful to be learning that my trust in God’s direction is not ill-founded. The sacredness of those lovely spotted creatures with their flickering white tails was obvious and it made me rejoice to be in this sacred place. What they may never know, and what I’m finding out, is that it truly is a safe place, too.

Jacquie Brinkman, Florida



Chrysalis House's First Decade

By David Frenette



At the end of this summer Chrysalis House will complete its first decade. It was on September 1, 1985 that its first three residents - Mary Mrozowski, Bob Bartel and David Frenette - gathered with Father Thomas Keating at the original farmhouse in West Cornwall, Connecticut to begin an experiment in contemplative live-in community.

Fr. Thomas suggested that the best way to cooperate with the Holy Spirit's action in the beginning of a community was to discern some necessary fundamentals of the lifestyle, and then be open to God's action in the lived experience of the group for the lifestyle's organic evolution. We agreed that Centering Prayer would be the foundation of our Christian spiritual practice, and that we would follow a daily schedule that integrated this with work, community and solitude. Drawing upon experience with community the previous year in Snowmass, Colorado, we agreed on a way to make decisions and to explore living according to a form of the evangelical counsels: simplicity, chastity, and obedience/consensus. And we opened the house for others to join us in our spiritual practice on contemplative retreats and workshops, as a way to both nourish the growing network of people in Contemplative Outreach and to support ourselves in a simple life.

That initial year, and the years since, have seen a growth in the spirituality, lifestyle and work of Chrysalis House according to Fr. Thomas' wisdom on how to cooperate with the action of the Spirit. For example, in the beginning we offered either an Introductory Centering Prayer Workshop or a weekend retreat for people experienced with the method. However, as new dimensions of the spiritual life of the community were inspired, purified and developed, these have been expressed in a natural way as part of the retreat program (some of which are listed with some national Contemplative Outreach offerings) to interested others who were themselves growing on their own contemplative journeys. This has included more in-depth formation processes both for people who can come to live-in at Chrysalis House, and for people from the area who participate in the Course for Contemplative Living.

In 1987 after moving to Warwick, New York, the community chose the name "Chrysalis House" for itself. "Chrysalis" is the pupa-stage of a butterfly, enclosed in a supportive, protective case: an appropriate symbol that

evokes associations of formation, rest, and transformation. Fr. Thomas articulated in 1987 that "Chrysalis House is designed to be a place of purification and transformation where the skin of the false self is gradually shed and the new person in Christ is formed." This is the process of our own individual journeys and also the process of a community's journey. The years have seen many purifications, challenges and transitions, including moving three times to new facilities. One singular challenge came with Mary's unexpected death in 1993. As we grieved, we realized that it was only because God was so much the source of her unique charism and gifts that the loss of her physical presence to us could be enveloped and transcended by what she had given to the community in the foundation of its spirituality and lifestyle.

The gift Mary made of herself in a daily life of prayer and service to God is a manifest expression of what many others have felt drawn to. Twelve people have lived at Chrysalis House for 6 months or more, hundreds have become part of its extended family of regular retreatants, and thousands of others have participated in its spirituality. This dynamic fits well with what Fr. Thomas sees as meeting the needs of our time in his vision of Chrysalis House: a place for lay people to come to deepen their Centering Prayer practice for a period of time and then return to their active lives. The resident life, too, is designed as temporary — a training for active life and ministry.

These 10 years have included many instances of joy, pain, challenge and renewal. Such is the content of the human experience of community that God works with - whether that be the temporary community formed on a weekend retreat that allows the practice of prayer to occur, or the community of the core group of residents that allows the retreat work to occur.

The current residents, Cathy McCarthy, Elise Kandel and myself, offer thanks to God and all the people who have participated in the evolving vision and life of Chrysalis House in its first decade, particularly to Father Thomas for his wisdom and presence to us as our spiritual father. Our prayer is to remain open and faithful to the action of the Holy Spirit - wherever it leads - as Chrysalis House enters the second decade of its life; our invitation is for you to join with us in prayer and the contemplative journey.

UPDATES

Arizona

Kathy Kramer-Howe: 602-955-6057

Every second Tuesday of the month, Contemplative Outreach of Phoenix hosts an intensive evening of prayer at the "Convent Spirituality Center" of St. Theresa's Church. Prayer sessions begin every half hour starting at 4 P.M. until 8 P.M. At 6 we share a silent meal of soup and bread followed by a 30 minute presentation. Two more prayer sessions end the evening. They will continue to meet during the summer.

On Saturday, October 21, 1995 Father Carl Arico will conduct an all day workshop on the Open Mind, Open Heart (welcoming) practice from 9:00 A.M. until 5:00 P.M. It will be held at the Franciscan Renewal Center at 5802 E. Lincoln Drive, Paradise Valley. Lunch is included and liturgy will follow the workshop. The fee is \$15.

The first Phoenix area 10 day intensive retreat will be held at Picture Rocks Retreat Center near Tucson from January 13 to January 21, 1996. It will be staffed by Father Carl Arico and Kathy Kramer-Howe. The intensive workshop will accommodate sixteen participants in private rooms.

San Diego, California

Sr. Maryanne Foy: 610-224-9444

A series of six presentations were held on Thursday evenings during Lent by Fr. Justin Langille. The sessions introduced and elaborated on the concept and practice of Centering Prayer. A series of six sessions of Centering Prayer, featuring videos by Fr. Thomas, were held at St. Rose of Lima Church in Chula Vista during Lent. An Introductory Workshop was held on Saturday, April 1 at the Oceanside Methodist Church.

Fr. Keating and Sr. Bernadette Teasdale visited the Los Angeles area during the weekend of March 4 - 5, 1995. On March 4th, Fr. Thomas gave an introductory talk on Centering Prayer at St. Cross by the Sea. A Centering Prayer Workshop, presented by Fr. Keating and Sr. Bernadette was held at Loyola Marymount on March 5th.

A week long Centering Prayer Retreat organized by Gus Reininger with Fr. Thomas Keating, Fr. Carl Arico, and Bonnie Shimizu is planned for the week of July 1 -7. **For information call: Sr. Judy Vaillmont at 301-338-2799, or Contemplative Outreach at 310-459-5858.**

Florida

Monica Freeman: 813-393-7224

Members of Contemplative Outreach in Florida have completed the second year of the seven month Living Flame Course in the Orlando area and on the West Coast of Florida. Father Thomas joined us for this happy occasion and stayed for a few days of silence and solitude at the Welcoming Silence Hermitage in the Tampa Bay area. With Fr. Thomas' blessing, this hermitage is now available to our Contemplative Outreach family for a desert experience or private retreat. Welcoming Silence Hermitage is located one block from the beautiful beach of the Gulf of Mexico. It is a 2 bedroom home, with a prayer room, and grocery store within walking distance. It is an ideal place for a three to ten day private prayer time in Silence, Solitude, and Simplicity. **For more information call or write: Contemplative Outreach, 302 - 160th Terrace Drive, Redington Beach, Florida 33708-1650. Phone: (813)393-7224.**

Contemplative Outreach of Central Florida will be offering an Open Mind, Open Heart workshop in a weekend retreat format at the El Caribe Resort on the ocean in Daytona Beach, Florida. It will be presented by Mary Dwyer during the weekend of September 8 - 10, 1995. **Contact Basha Perez at 407-869-0781 or Jacquie Brinkman at 407-426-0329.**

Hawaii

Sr. Katherine Theiler: 808-263-8844

Since Fr. Thomas Keating's Introductory Centering Prayer Workshop to almost two hundred persons in Honolulu in 1989 Contemplative Outreach has become a part of the lives of many people in Hawaii. At the present time there are twelve prayer groups on the Island of Oahu and two in the Kona area on the Big Island of Hawaii. Contemplative Outreach in Hawaii is sponsored by the Spiritual Life Center retreat house. This year they moved from Honolulu to St. Stephen Diocesan Center in the mountains, overlooking the sea. They are blessed with the beauty of God's creation all around them.

Upcoming Events include:

A Taste of Silence: A contemplative retreat; House of Prayer Retreat; Ten Day Post-Intensive Retreat, led by Fr. Carl Arico; What Does it Mean to Love? Forgiveness and Peacemaking.

Mississippi

Sr. Therese Jacobs: 601-366-2335

In the fall of 1994 an Introductory Workshop on Centering Prayer was given, with many of the participants returning for the March Teleconference prayer day. The Commission on Women for the diocese invited Sr. Therese to do a brief overview of Centering Prayer as part of their workshop offerings in January. After the presentation was given, Sr. Therese received an invitation from a group of sisters in Delta to give an Introductory Workshop. There was a weekend Centering Prayer Retreat at The Dwelling Place Retreat House in November 1994; there will be a similar retreat in the fall of 1995. On the weekend of July 7-9, 1995, Sr. Therese Jacobs and Fr. Richard Smith will be facilitating a Centering Prayer retreat at St. Mary of the Pines Retreat House in Chatawa, MS. Centering Prayer will be introduced to the inmates of Parchment State Prison in late August.

New Jersey

Therese Saulnier: 201-436-8256

The first Intensive Day of Prayer was held in November 1994 with Fr. Carl Arico. In February, 1995, a Centering Prayer Workshop took place in Plainsboro. During Lent a nightly four week Centering Prayer Workshop was conducted at Trinity Ministries Center in Stirling. During Lent, Therese Saulnier spoke about Centering Prayer at all the Sunday Masses at Holy Trinity Church in Hackensack. Joanne O'Neill and Therese Saulnier gave a three-day workshop in prayer (topics included: Obstacles in Prayer, Prayer as Relationship and Quiet Prayer) at Holy Rosary Church in Edgewater in May. On December 16, 1995, Fr. Carl Arico will join in another Intensive Day of Prayer.

Buffalo, New York

Br. John Crocker: 508-546-3066

A core group has formed for the Buffalo area. Its first project is to call all the existing groups together on the second Saturday of each month. Br. John Crocker has started a Centering Prayer group at Christ the King Seminary. This group meets on Thursday evenings in the East Aurora seminary.

North Carolina

Flo Hartye: 919-876-8935

After several introductory workshops a weekly support group was formed. Their Thursday evening meetings begin

with 25 minutes of Centering Prayer and then continue with a study of a particular text on contemplation. A larger group meets on the fourth Saturday of the month beginning at 8:30 A.M. for three sessions of Centering Prayer followed by Lectio Divina and fellowship. Introductory sessions will continue to be available to any group expressing an interest in Centering Prayer.

South Africa

Winnie Young: 011-31-22-163

In the three main centers — Johannesburg, Durban and Cape Town we have a very enthusiastic and diligent committee working to further the interests of Centering Prayer. Several days have been organized during the past few weeks, with a closed weekend retreat in February of this year for the experienced, and an introductory workshop for beginners. There are more calls from different religious groups to explain centering prayer and to lead them through a prayer session. Four newsletters were mailed last year. They were enthusiastically received and provided the necessary link among our scattered centering prayer friends.

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Contemplative Outreach, Ltd. Study Program

"I am convinced that Centering Prayer is a fairly good representation of the apophatic tradition of Christian spirituality and that it has an extensive conceptual background. If one is going to do it, one needs to find out what that conceptual background is and to continually nourish this from the classics of Christian spirituality."

This quote from Fr. Thomas Keating expresses one of the goals of the at-home study program which experimentally began two years ago. The twelve week course is divided into two parts and covers contemporary expressions of the Christian contemplative tradition and then reaches back, during the last six weeks, to the beginnings of the systematic practice of contemplative prayer among the desert fathers and mothers of Syria, Egypt, and Palestine.

Objectives of the course include facilitating a deeper understanding of the depth and richness of the Christian contemplative tradition and the chance to engage the study material beyond the intellectual level in order to find the living tradition as we personally interact with it in our everyday lives.

In line with these goals, a mentor who has taken the course is assigned to each student to assist in the learning process. Contact is maintained by phone and letter. Over 80 people are now taking the course or have completed it and have found it an enriching experience. The course is currently being offered twice a year in March and again in September. The requirement for taking the course is a regular practice of Centering Prayer. It is particularly recommended for facilitators and coordinators.

For more information or an application, please contact Bonnie Shimizu, the course administrator, POB 584, Snowmass, CO 81654.

Call For Archive Materials

Notre Dame University in South Bend, Indiana has agreed to archive the materials of Contemplative Outreach Ltd. which document the first ten years of our existence. Notre Dame has an interest in the history of the American Church, with a particular interest in lay movements. Early in May 500 pounds of documents were packaged in the National Office and sent to Notre Dame.

These materials will be stored in a limited access, climate controlled area. Pertinent documents for inclusion in the archives are being sought. Such documents can

include letters and notes from Fr. Thomas Keating and others involved in the start of Contemplative Outreach.

If you have any information or documents which should be included in the archives, please contact the National Office at 201-838-3384.

The following is re-printed in memory of Lucia Citta, an active, vibrant participant in the founding of Contemplative Outreach activities in Florida. Lucia died on March 13, 1995.

I was walking the beach one moonlit night in awe of our Lord's magnificence. The moon was full and reflecting on our peaceful ocean. I was breathless and also thankful for holding fast to this moment.

As I walked alone, my thoughts wandered to my very small, but devoted centering prayer group, when suddenly I felt as though Jesus beckoned me. "Why don't you share this experience with your friends?" What a wonderful idea! On the next full moon I invited them to join me. They were ever so grateful to spend time with God in all His glory, silently in his presence. (Lucia continued to invite more and more people.)

There is no discussion afterward – only silent gazing at our Lord's beautiful moon. Some walk the beach, some just sit and are filled with joy, love and peace.

When they leave one by one or two by two, deep in their own thoughts, I thank God not only for the moonlight, but for his very real presence in our midst.

A Glimpse of Reality from the Philippines

*"Again the kingdom of Heaven is like a trader who is looking for fine pearls. Once he has found a pearl of exceptional quality, he goes away, sells everything he has and buys it."
(Mt 13:46)*

In my past life I considered myself as a pious person and quite concerned with my prayer life. But, as I grew older, I realized that something was missing. Then I found the "pearl of great price" after which I abandoned most of my pre-conceived ideas of God and how to relate to him. I discovered the beauty of being a contemplative. That prayer is a relationship with the Lord in which there is no need for words in order to sustain it. It is just being aware of His Divine Presence within me at every moment of the day.

Thank you, Lord, for letting me discover this "pearl of exceptional quality."

IN MEMORIAM



Sr. Claire Gregg, S.U.S.C.

Sr. Claire Gregg, coordinator of Contemplative Outreach, Central Florida, from 1987 until 1993, died on December 26, 1994 at Sacred Heart Convent in Fall River, Massachusetts after a long illness. She was instrumental in spreading Centering Prayer in East Central Florida. Using Outreach Center as a home base, Sr. Claire began the formation of facilitators to assist her with establishing contemplative prayer communities throughout the region. As a result of her service to Contemplative Outreach, Centering Prayer programs and retreats, including ten-day intensives and post-intensives, were initiated in Florida. On-going formation for the spiritual journey continues because of her dedication to this ministry.

After professing her vows as Holy Union Sister Margaret Edmund, the firsts names of her parents, Sr. Claire taught in parochial schools in New Jersey, New York and Rhode Island for 22 years. She did social work in New York and conducted adult spiritual programs in Rhode Island before moving to Central Florida in 1983.

There Sr. Claire was Pastoral Assistant at St. James Cathedral until 1986 when she returned to an educational ministry to children. She was involved in alternative education, GED preparation, and taught children with AIDS in their home and in the hospital. She was a member of the Association of Christian Therapists.

Sr. Claire's love for children and nature found its expression in trips to the ocean whenever possible, usually accompanied by one of several young friends. The gifts she shared and the healing she sought to bring about in the Body of Christ continue to bear fruit in the people whose lives she touched. Her courage, patient endurance and faithfulness in prayer taught them the need for fidelity to the unique call of God in each of their lives.

"Be in faith and love for God," Sr. Claire said often, in referring to Centering Prayer and to life. She left that legacy as gift when she accepted to "be" for all eternity in faith and love with God.

In addition to her religious community, Sr. Claire is survived by a sister, two brothers and several nieces and nephews.

Sr. Joanne Marie Mascha, O.S.U.

Contemplative Outreach of Ohio mourns the sudden death of Sr. Joanne Marie Mascha, the regional coordinator. Sr. Joanne had a special fondness for birds. She dutifully kept their feeders filled throughout the winter months. As the various birds added their songs of welcome to springtime, Joanne would respond to their whistles and sing back to them, conversing with nature. God also spoke to Joanne through her enjoyment fo the little and simple wonders of nature. Sr. Joanne went for a walk in the woods on March 27, 1995. She was most likely feeling some spring fever calling her to admire the freshly budding trees and early spring flowers.

The following day Sr. Joanne failed to report to her assignment as receptionist for the Motherhouse and the Sisters began to inquire if Joanne spoke to anyone of her plans or where she might possibly be. One of the Sisters recalled last seeing Joanne on the previous day going for a walk in the woods. That was the last anyone saw her. In the wooded area had waited a man who broke the tranquility of Joanne's communion with nature. Her walk ended when she was attacked and strangled and left lying in the underbrush.

Such a gentle soul and peaceful heart, Joanne was without guile or suspicion. Her last thought would be that someone would violate her and rob her of the life in which she so delighted. Her daily contemplative practice helped her to live with an open mind and heart, with a warm friendliness that was welcoming.

Fr. Bill Fickel

*...and the desire for
God is the preparation
for union with Him*

St. John of the Cross, The Living Flame of Love

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12) The Four Consents; 13) The Human Condition: The Philosophical

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18) Night of Sense: The Biblical Desert; 19) Night of Spirit: Toward Transformation; 20) The Beatitudes: Healing the Emotional Programs; 21) The Spiritual Senses; 22) What Contemplation is Not; 23) From Contemplation to Action

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A new tape series locating Centering Prayer in the mainstream of the Christian Contemplative Tradition by retrieving, reclaiming and reappropriating the classical inspirations of our apophatic tradition. Taped at the Contemplative Outreach Institute at the Beech Grove Benedictine Center in January 1994. Available in both video and audio formats.

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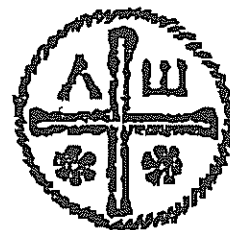
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NATIONAL CALENDAR OF EVENTS

June 1995 to June 1996

INTRODUCTORY CENTERING PRAYER WORKSHOPS/RETREATS

Frenchville, PA Bethany Center	Sept. 15-16, 1995	Sr. Therese Dush contact: Bethany Center 814-263-4855
Beech Grove, IN Benedictine Center	Sept. 18, 1995	Benedictine Center Staff contact: Benedictine Center 317-788-7581
Warwick, NY Chrysalis House	Sept. 22-24, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Ferdinand, IN Kordes Center	Sept. 25-27, 1995	Centering Prayer Team contact: Sr. Kristine Harpeneau 800-880-2777
Nazareth, KY Spalding Retreat Center	Sept. 30, 1995	Sr. Kristine Harpeneau contact: Ruth Dundon 502-349-0469
Warwick, NY Chrysalis House	Oct. 27-29, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Austin, TX	Nov 3-5, 1995	Fr. Oliver Johnson contact: Tim and Barbara Cook 512-343-6013
Warwick, NY Chrysalis House	Mar. 22-24, 1996	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Warwick, NY Chrysalis House	June 28-30, 1996	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050

10-DAY INTENSIVE RETREATS

Snowmass, CO (full) St. Benedict's	Jun. 20-29, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Ferdinand, IN Kordes Center	Jun. 30-Jul. 9, 1995	Centering Prayer Team contact: Sr. Kristine Harpeneau 800-880-2777
St. Paul, MN Benedictine Center	Aug. 4-14, 1995	Benedictine Center Staff contact: Benedictine Center 612-777-7251
Snowmass, CO (full) St. Benedict's	Sept. 5-14, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Snowmass, CO (full) St. Benedict's	Sept. 5-14, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Austin, TX	Sept. 26-Oct. 5, 1995	Fr. Frederickson contact: Tim and Barbara Cook 512-343-6013
Snowmass, CO (full) St. Benedict's	Oct. 3-12, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Snowmass, CO (full) St. Benedict's	Oct. 31-Nov. 9, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Beech Grove, IN Benedictine Center	Jan. 12-21, 1996	Benedictine Center Staff contact: Benedictine Center 317-788-7581

NATIONAL CALENDAR OF EVENTS CONT.

Snowmass, CO (full) St. Benedict's	Jan. 16-25, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Snowmass, CO St. Benedict's	Feb. 13-22, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Snowmass, CO St. Benedict's	Apr. 16-25, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Snowmass, CO St. Benedict's	May 14-23, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Snowmass, CO St. Benedict's	Jun. 11-20, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964

POST-INTENSIVE RETREATS

Warwick, NY Chrysalis House	Jul. 7-16, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Snowmass, CO (full) St. Benedict's	Aug. 1-10, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Warwick, NY Chrysalis House	Aug. 11-20, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Snowmass, CO St. Benedict's	Aug. 13-22, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964
Kaneohe, HI Spiritual Life Center	Aug. 21-30, 1995	Fr. Carl J. Arico contact: Spiritual Life Center 808-263-8844
Warwick, NY Chrysalis House	Nov. 28-Dec. 3, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Warwick, NY Chrysalis House	Feb. 20-25, 1996	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Amarillo, TX (full) Bishop DeFalco Center	Mar. 4-13, 1996	Contemplative Outreach Staff contact: Pat Johnson 303-963-3964
Austin, TX	Mar. 19-28, 1996	Fr. Carl Arico contact: Tim and Barbara Cook 512-343-6013
Warwick, NY Chrysalis House	Jun. 7-16, 1996	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Ferdinand, IN Kordes Center	Jun. 21-30, 1996	Centering Prayer Team contact: Sr. Kristine Harpeneau 800-880-2777

PARISH MISSIONS/RETREATS GIVEN BY FR. CARL J. ARICO

CONTACT: NATIONAL OFFICE - 201-838-3384

Marblehead, MA	Sept. 23-26, 1995	Our Lady Star of the Sea
Basking Ridge, NJ	Sept. 30- Oct. 3, 1995	St. James
Williamville, NY	Dec. 2-5, 1995	St. Peter and Paul
North Andover, MA	Dec. 10-12, 1995	St. Michael

HOLY WEEK CENTERING PRAYER RETREAT

Warwick, NY Chrysalis House	Apr. 3-7, 1996	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
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CENTERING PRAYER RETREATS

Ferdinand, IN Kordes Center	Sept. 23-24, 1995	Centering Prayer Team contact: Sr. Kristine Harpeneau 800-880-2777
Beech Grove, IN Benedictine Center	Oct. 20-22, 1995	Benedictine Center Staff contact: Benedictine Center 317-788-7581

FORMATION FOR CONTEMPLATIVE OUTREACH SERVICE

Warwick, NY Chrysalis House	Jun. 23-30, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Snowmass, CO (full) St. Benedict's	Dec. 8-15, 1996	Thomas Keating and Staff contact: Pat Johnson 303-963-3964

ADVANCED RETREATS

St. Paul, MN Benedictine Center	Jul. 7-12, 1995	Benedictine Center Staff contact: Benedictine Center 612-777-7251
Snowmass, CO (full) St. Benedict's	Nov. 28-Dec. 5, 1995	Thomas Keating and Staff contact: Pat Johnson 303-963-3964

OPEN MIND, OPEN HEART WORKSHOPS

Daytona Beach, FL El Caribe Resort	Sept. 8-10, 1995	Mary Dwyer contact: Basha Perez 407-869-0781
Davenport, IA	Sept. 16-17, 1995	Fr. Carl Arico contact: Marie Howard 319-324-1911
Warwick, NY Chrysalis House	Nov. 3-5, 1995	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050
Warwick, NY Chrysalis House	May 3-5, 1996	Chrysalis House Staff contact: Cathy McCarthy 914-986-8050

TELECONFERENCE REPORT



Our annual teleconference **Contemplative Outreach United in Prayer** was held on Saturday, March 4, 1995. The topic was the divine therapy, Fr. Thomas Keating gave the presentation. A short group discussion followed the conference. Those that attended had rave reviews. They enjoyed the presentation and the simple way in which Father Thomas explained the purification process of transforming union with God.

The annual teleconference was given as part of a silent intensive day of prayer which gave people the opportunity to carve out a day in lent for Centering Prayer, solitude and reflection.

The next scheduled teleconference will be **Saturday, March 23, 1996**. Look for the topic in our Fall Newsletter.

C.O. AREA/REGIONAL CONTACTS

AUSTRALIA

Pinjarra Fr. Douglas Conlan 09-537-1227

CANADA

Toronto Carolyn Gratton 416-922-6451
Winnipeg Sr. Catherine Labinowich 204-338-4601

DOMINICAN REPUBLIC

Santo Domingo Isabel de Marion-Landais 809-562-7832

ENGLAND

Warrington Cheshire George Mockler 0925-821-399
NR Preston Elizabeth Smith 011-44-1772-629520

MEXICO

Lomas, Mexico City Joselyne Arellano 525-520-3120

PHILIPPINES, MAKATI METRO, MANILA

Dasmariñas Village Grace Padilla 632-810-9573
Dasmariñas Village Lita Salinas 632-810-8826

SOUTH AFRICA

Durban Winnie Young 011-31-22-163

UNITED STATES

AK Anchorage Kess Frey 907-277-0274
AL Birmingham Aloysius Golden 205-592-3930
AL Cullman Sr. Mary McGehee 205-734-4622
AR North Little Rock R. Scott Ogilby 501-835-2359
AZ Paradise Valley Kathy Kramer Howe 602-955-6057
AZ Tucson Frank Tuoti 602-749-3443
CA La Mesa Kathy & Jack Tischhauser 619-461-0864
CA Long Beach Barbara Brown-Thompson 310-438-1710
CA Pacific Palisades Gustave Reininger 310-459-5858
CA Pacific Grove Paul Coletti 408-375-2705
CA San Deigo Sr. Mary Ann Foy 619-224-9444
CA San Dimas Fr. M. O'Loughlen 909-599-1243
CO Aspen Jody Blatz 970-963-1358
CO Boulder Barbara Hayden 303-494-2845
CO Carbondale Pat Johnson 970-963-3964
CO Colorado Springs David Salamon 719-475-7011
CO Denver Rev. David Morgan 303-831-7115
CO Denver Sr. Bernadette Teasdale 303-863-9945
CO Grand Junction Bobbie Kerns 970-245-3307
CO Snowmass Bonnie Shimizu 970-927-3858
CT Avon Rev. Jon Widing 203-673-9630
CT Greenwich Pat Castellano 203-531-6528
DC Washington Fr. Bill Sheehan 202-529-5958
FL Bradenton Donna Matthews 813-758-8735
FL Lakewood Mary Ann Wagner 407-642-1872
FL Longwood Basha Perez 407-869-0781
FL Miami (Hispanic) Zoila Diaz 305-757-6241
FL Miami (English) Barbara Reicberg 305-386-7507
FL New Smyrna Beach Jacquie Brinkman 904-426-0329
FL Palm Bay Melissa McKenna 407-676-6034
FL Palm Beach Gardens Carol Bal 407-694-8953
FL Satelitte Beach Rosemary Van Pelt 407-777-3389
FL Tampa Bay Monica Freeman 813-393-7224
FL Venice Mimi Reilly 813-484-9543
HI Honolulu Sr. Katherine Theiler 808-263-8844
IA Davenport Marie Howard 319-324-1911
IL Bloomington Sr. Audrey Cleary 309-829-2428
IL Chicago Fr. Joseph Ruiz 708-848-4417
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IL Peoria Sr. Catherine Cleary 309-693-7063
IL Springfield Sr. Helen Horne 217-787-0481
IN Ferdinand Sr. Kristine Harpenau 812-367-2777
IN Beech Grove Sr. Carol Falkner 317-787-3287
KS Kansas City Patricia Orlowski 913-441-6895

KS Wichita Kathleen Muller 316-721-3515
KY Louisville Ruth Dundon 502-349-0469
LA New Orleans Daniel DeMers 504-394-1470
MA Springfield Connie Daniel 413-256-1369
MA Taunton Ethel Fraga 508-822-2410
MA Acton Frank Powaza 508-263-0639
MA Hingham Ed Gray 617-740-1154
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MI Essexville Msgr. Olin Murdick 517-892-9104
MI Midland Claudette Boudreau Roth 517-839-5711
MI Saginaw Nan Spence 517-791-7079
MI Warren Fr. Ken McKenna 313-953-8846
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MN Duluth Meredith Schifsky 218-728-3848
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MN St. Paul Patricia Roberts 612-777-7251
MO St. Louis Susan Komis 314-978-2500
MS Jackson Theresa Jacobs 601-366-2335
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NE Omaha Eleanor McNulty 402-333-3819
NE Gering Joe Masek 308-436-5536
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NJ Bayonne Therese Saulnier 201-436-8256
NJ Eatontown Paul Meglatherry 908-776-5660
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NM Santa Fe Susan Rush 505-466-4527
NV Las Vegas Sr. Michele Fischer 702-647-8104
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NY Buffalo Sr. Dorothy Feltz 716-835-7124
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NY New York Doris Curley 212-674-3484
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NY Port Chester Sr. Kathleen Curtin 914-937-2440
NY Warwick Cathy McCarthy 914-986-8050
OH Cleveland Bill Singelis 216-731-6650
OH Cleveland Fr. Bill Fickel 216-442-3410
OK Tulsa Fr. Patrick Eastman 918-298-4181
OR Mt. Angel Sr. Antoinette Traeger 503-845-6773
OR Portland Virginia Graham 503-645-3448
PA Erie Mary Dwyer 814-459-8442
PA Erie Sr. Rita Panciera 814-456-1802
PA Frenchville Sr. Therese Dush 814-263-4177
PA Hollidaysburg Frank & Michelle Hartye 814-695-8632
PA Philadelphia Sr. Margaret Gradl 215-729-0437
PA Pittsburgh Fr. Frank Meenan 412-761-6651
RI Ethel Fraga 508-822-2410
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TN Sewanee Rev. Tom Ward 615-598-1274
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WA Spokane Gary Meisen-Vehrs 509-325-1909
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WI Milwaukee Jim Biggins 414-272-7114
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WY Sheridan Nancy Goodwin 307-672-8652

CONTEMPLATIVE OUTREACH NEWS

A Bi-annual Newsletter for the
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