
Contemplative Outreach News

Volume 15, Number 2 • Spring/Summer 2001

The Theological Foundations of Contemplative Outreach A Commentary by Thomas Keating (Part One of a Two-Part Series)

1. *Contemplative Outreach is a spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life through the practice of Centering Prayer.*

Contemplative Outreach is a spiritual network and a living organism. Like any living organism it needs nurturing and guidance. At each level of its growth an appropriate response is called for. The resources that people need will shift as they grow because their needs will be different. It is the responsibility of the leadership to listen to these needs, and then find creative solutions for what people say that they need. Thus, the mutual listening throughout the whole spiritual network is one of the fundamental principles to which we are committed.

In the words of the Vision Statement, we are "a network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life." One of the chief concerns of most people who begin the practice of Centering Prayer is how to live the contemplative life in their everyday world. They want to know how to work contemplative prayer and action into the realities of a society that is moving at an ever faster clip, with more and more noise, busyness and less and less respect for periods of solitude and silence. There is a lack of spaciousness in our culture. Western society is characterized by the increasing speed of communication. We don't have time to sit down and read a letter quietly because the writer wants an email in return. It is because of this sort of pressure that many people ask themselves, how can we possibly make a commitment to the Centering Prayer practice in daily life? Where can we find twenty minutes twice a day? How can we take a day of retreat when all our family, relatives, and friends want us to do something else? How can we pursue the spiritual journey if our spouse or other members of the family are jealous of the time we give to God? All these are practical problems that need to be addressed. The small faith community is a place where those who are committed to the Centering Prayer practice can find support and encouragement.

2. *The contemplative dimension of the Gospel manifests itself in an ever-deepening union with the living Christ and the practical caring for others that flows from that relationship.*

"The contemplative dimension of the Gospel" refers to the spiritual meaning and significance of sacred scripture. From this perspective, enlightened by the inspirations of the Holy Spirit, we do not read the

text like a newspaper, book, even a sacred book, but as an interaction with the word of God present not only as the source of the text, but also present in us. Centering Prayer awakens us to the Eternal Word of God dwelling within us. The external word of scripture reinforces our conviction of the presence of the Word of God within us. We begin to read scripture with the perspective and inspiration of the ones who wrote it. Under the influence of the Spirit we penetrate the meaning of the text and the significance of the symbols of the Old and New Testament, especially the meaning of the wisdom sayings of Jesus, his example, and the wonderful richness of the stories taken from John's Gospel which are paradigms of God's grace in our own spiritual journeys.

Scripture, from the contemplative perspective, is the penetration of the meaning of the sacred text as an expression of our own experience of grace. We perceive that the same grace that was offered to the people in the Gospel is the source of our own experience of prayer and of daily life. We confidently identify with Peter, James, John, Mary of Bethany, Martha, and Lazarus. As we perceive our interior life described in those stories, we begin to relate to Christ in a new way. The Spirit inspires us to listen as the Spirit inspired the sacred writer to write. Scripture is so profound that everybody's private life is laid out there. The awareness that the Spirit is within us inviting us to live in imitation of Christ, empowers us to be Christ in the world, to become a kind of fifth gospel, manifesting the goodness and tenderness of God in our daily lives. We *become* the word of God through the contemplative dimension of scripture.

As we penetrate the scripture through contemplative prayer, we awaken to the Spirit's movements within us more and more. This awareness leads to an ever-deepening union with Christ, living our lives with us and sometimes for us, extending the message of the Gospel to the people in our particular circle of loved ones, friends, and the people we work with.

The contemplative dimension of the Gospel changes the way we live daily life. This is what is meant by the phrase "the practical caring for others" which is the complementary side of the contemplative dimension of the Gospel. Caring for others in this sense is sharing the Fruits of the Spirit: charity, joy, peace, meekness, faithfulness, goodness, patience, self-control, and gentleness, through which the Spirit mani-

continued next page

The Theological Foundations of Contemplative Outreach

Continued from page 1

fects the mind of Christ in our lives. The Beatitudes are even more profound assimilations of Christ's teaching and example flowing from the Seven Gifts of the Holy Spirit – reverence, fortitude, piety, counsel, knowledge, understanding, and wisdom. The Fruits of the Spirit and the Beatitudes are the signs that Christ is actually living in us. They continue to grow and manifest themselves in various ways. One of these ways is the purification of the unconscious and the consequent liberation from our false selves. Every time we move to a new relationship with Christ, every other relationship goes through a paradigm shift so that we relate in a new way and at new depths to God, ourselves, other people, the cosmos, and to the events in daily life.

3. Centering Prayer consists of responding to the call of the Holy Spirit to consent to God's presence and action within. It furthers the development of contemplative prayer by preparing our faculties to cooperate with this gift.

This principle distinguishes the practice of Centering Prayer from the gift of infused contemplation. The question might be asked: How do we know when Centering Prayer becomes infused contemplation in the strict sense of the word? We don't necessarily know. And it is not the best question to ask because it focuses our attention on ourselves. Certainly this much is true; Centering Prayer cannot be judged on the basis of the psychological content of a particular period of the prayer. Centering Prayer is rather a discipline to prepare us for the kind of silence that leads to the experience of the presence of God at ever-deepening levels through the deep rest conveyed by the practice. Centering Prayer will hasten the Night of Sense, which, according to St. John of the Cross, is the beginning of infused contemplation. The length of the Night of Sense cannot be predicted because it is different in every person. God decides how much time it will take depending on one's vocation and preparation. It is a spiritual rite of passage that moves us away from an over-dependence on our psychological experience and lets go of our desire for sensible consolation in prayer that comes from the false self and its constant search for satisfaction. The Night of Sense over time lays that desire to rest. Our experience may then open out in one of two directions. One is an exuberant mysticism in which consolations of a spiritual kind tend to multiply. Or we may encounter what St. John of the Cross calls the "hidden ladder" or the "hidden staircase," which is perhaps a quicker path to divine union than the other, but which is in a rather bare, boring and sometimes dry-as-dust experience. It takes a lot of determination to wait it out.

Both of these experiences move into another interior rite of passage that is called the Night of the Spirit in which the Holy Spirit searches the deepest recesses of our unconscious and heals the psychological wounds of a lifetime. The Spirit also awakens the spiritual capacities that are hidden in the unconscious. These are the Fruits and Gifts of the Spirit and, above all, the presence of our Creator and Redeemer who is the source of our being at every level and whose presence is manifested in varying degrees according to the purifying and liberating process of the dark nights.

Centering Prayer is primarily for beginners. Beginnings may take a long time for many of us because we can't give it our full attention or because there is a significant amount of psychological disturbance due to our false selves. This is a time when we need to be faithful to the basic practice and to experience its effects in daily life. These are often quite subtle or even hidden from us. The Fruit of the Spirit called patience enables us to get used to the experience of waiting upon God and to grow in ever-increasing confidence in God. A subtle peace arises in the Night of Sense that is not so much a consolation as a growing attraction for solitude and silence even in the midst of activities that may be very demanding.

4. The source of Centering Prayer, as in all methods leading to Christian contemplative prayer, is the indwelling Trinity: Father, Son, and Holy Spirit. Its focus is the deepening of our relationship with the living Christ. Its fruits are ecclesial: it builds communities of faith and bonds the members together in charity.

Centering Prayer, like all methods leading to contemplative prayer, has its source in the divine indwelling of the Trinity: Father, Son, and Holy Spirit. That is the fundamental principle on which contemplative prayer is based. Faith in the divine indwelling changes our whole perspective. Instead of beginning the spiritual life with ourselves and reflecting unduly on our sins or false selves and all the things we need to do to try to establish peace in our psyche, it starts out with the fact that God is already here. We have everything we need in order to begin, continue, and complete the spiritual journey. The New Testament celebrates a right relationship with God. The realization grows that the divine presence is within us and the Father, Son, and Holy Spirit are living their own interior life within us. At the deepest level we are more God than ourselves. The divine indwelling also needs to be recognized and affirmed in various ways that are helpful in daily life. The promise of Jesus to those who believe in him is that the Father, Son, and Holy Spirit will come and make their permanent abode in them. Actually, God is already present to us as the source of our being before the issue of grace arises. When we sit in Centering Prayer we are sitting with our life's companion who is always available to us. Unfortunately, we are not always available to God. The goal of the journey is to manifest God both in the deep rest of contemplative prayer and in activity: to experience his presence in prayer, and then to move into activity without losing the sense of the Source of all that is. As the contemplative dimension of our prayer increases, we perceive the presence of God in everything and everything in God. The divine indwelling becomes a living relationship within and evident in everyone else who also enjoys the divine indwelling.

The focus of Centering Prayer is the deepening of our relationship with the living Christ, that is, the glorified Christ risen in our hearts and abiding forever in the Christian community. We enter into Christ's passion, death, resurrection, and ascension by consenting to God's affirming and purifying action within us. As we sit in Centering Prayer, we identify with Christ on the cross and are healed of our emotional wounds.

The final point of this theological principle is the fruits of Centering Prayer, which we say are ecclesial. This is an important dimension of Centering Prayer. One cannot have a deep contemplative life without its being social at the same time. The way that we express this relationship to others, this interdependence with others, will differ according to our state in life. The tendency of the prayer is to bond with others who practice it. The community is not just people gathered together visibly.

What is a Christian community? It is a place where we find like-minded people joined together to help each other grow into divine union. A contemplative community is focused on the essence of what church really is, that is, a community of people called together by God to experience the fullness of the divine life as a community and not just privately. Hence, the need to celebrate it together through various forms of ritual and worship as well as in periods of silence.

5. A commitment to the regular practice of Centering Prayer is the primary expression of belonging to the spiritual network.

Everybody who practices Centering Prayer regularly is part of the spiritual network of Contemplative Outreach. Among all the things we may do by way of service, the greatest is to practice the prayer. Service does not take the place of the two daily periods of Centering Prayer. The greatest service we give each other is actually being faithful to our commitment because in doing it we are invisibly reinforcing it and putting the vibrant energy of contemplative prayer into the community. That is more valuable than any other service, however generous it might be. Without that, you will find that service will begin to diminish in its effectiveness. It needs to be said over and over again that the first expression of belonging to the spiritual network is to be available to God on a daily basis. St. John of the Cross used to say, "If you find you are too busy to give time to a daily period of prayer, double it!" If you do it regularly, you will find that you actually have more leisure time and you see that there are a lot of things that you don't have to do that you used to think were necessary. Busyness diminishes because of a new perception of what is important. By our daily fidelity to the prayer, life begins to change of itself.

There are also practices to bring the effects of Centering Prayer into daily life. Contemplative prayer is allowing God to become the center of our lives rather than maintaining the false self and ourselves as the center of the universe. At some point there is a paradigm shift in everything we do. Sometimes we did things for ourselves or simply because they had to be done. Take daily work for instance. Nobody is saying to stop doing that. What I am saying is to start doing it for a different reason, namely, as a manifestation of our experience of Christ and not just as a way of earning a living. Centering Prayer is a way of bringing Christ and our experience of divine wisdom into everyday life, family, professional career, business, or whatever we are doing. That is why we call service in the Contemplative Outreach milieu, "contemplative service". The motive and inspiration of our activity comes from the insights we are receiving in Centering Prayer and our service to others is thus gradually being reinforced by its regular practice.

(to be continued)

President's Letter

Dear Friends,

Through the years, as Executive Director, I have watched Contemplative Outreach grow and expand beyond anyone's expectations – except the Holy Spirit's. Now, in my new role as President I am greatly encouraged by all the support received from those who are deeply committed to the vision and foundations of Contemplative Outreach. I envision a wonderful future ahead for all of us as we thrive and grow in God's love and service.

This year, our Annual Conference Meeting will be held in the Dominican Republic from October 10th to the 15th. We are very excited because it is the first time we are going outside of the USA for a large international gathering. In 1986 the Dominican Republic was the first place outside of the USA to form a Contemplative Outreach Chapter. We felt it was fitting to hold the meeting there. The theme for the meeting is Contemplative Outreach: Toward a Global Transformation. Our focus will be *all* our international chapters.

Thank you for your generous response to our annual direct mail appeal. We appreciate your kindness and financial support.

We have more *RESOURCES* available, three videotapes on the practices that bring the fruit of Centering Prayer into daily life. *An Introduction to Lectio Divina* with Fr. Carl J. Arico, *The Prayer of Forgiveness* with Sr. Bernadette Teasdale, *Contemplative Service* with David Frenette. I am sure you will enjoy the new addition to our video library.

Two new books by Fr. Thomas Keating are available, *Fruits and Gifts of the Spirit* and *St. Therese of Lisieux*. You will find ordering information on the resource page 6.

The videotape series, *The Contemplative Dimension of the 12 Steps* has received wonderful reviews. We are delighted that so many people are enjoying the tapes. Thank you for your orders!

Our Contemplative Outreach Study Program is available to anyone with an established daily practice of Centering Prayer. Contact Bonnie Shimizu at 970-927-3858 or bjs@rof.net for more information on how to register.

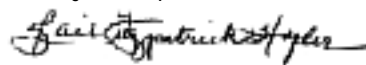
Susan Komis, Chair of the Coordinator's Communication, offered workshops on Leadership and Facilitator Formation in several of our Chapters. If your Chapter would like to know more about this workshop, contact Susan at 888-350-5088 or susankomis@earthlink.net.

I invite you to visit our website at www.contemplativeoutreach.org often, we have new information posted each week. The website is a natural way for a network like Contemplative Outreach to keep in touch. Let us know how you like the website. Feel free to email this office with your comments, suggestions, and questions at office@coutreach.org.

We had 175 participating groups for our United Day of Prayer on March 17th. Many of the participants most enjoyed creating a silent bond across the globe. Plan on joining us next year, the third Saturday in March.

Spring is the time of year when everything blooms forth with new life. My prayer is that we will all take the time to be renewed and refreshed during this season.

With a grateful spirit,



Gail Fitzpatrick-Hopler, President

The Spanish Corner

By Ilse Reissner

Some exciting news that we would like to share with you is –

As announced previously, Extensión Contemplativa has two fundraising events coming up in the near future: two **contemplative** pilgrimages (our pilgrimages are quite different from any other tour you may have been part of, and those that have joined us in the past know this very well!) The **first** will be a very intense 13 days in the Holy Land, visiting as many significant places in the life of Jesus as possible and ending with a half-day retreat. It is mostly intended for those of you that understand Spanish, as both our guide and our priest will be Spanish-speaking. **Date:** It was originally planned for May, but now postponed until November 3rd. Our airline will be ALITALIA, giving us a chance to offer a post-extension of four days in Italy, visiting Rome and Assisi. **Cost: \$2,402 for the basic part** (from Miami or New York) **and \$643 for the Italy extension.** (Air/land, hotels, breakfast, dinner and all expenses are included, except airport taxes, tips, and visas.)

The second **11 or 18-day contemplative pilgrimage** will depart on April 26, 2002, and will follow the footprints of Peter and Paul. Our guide will be our old-time friend Samir, who has been with us in the past, and our spiritual director, Fr. William Meninger, who spent three years in this area as a Biblical scholar. We will spend one week in Israel, focusing and reliving events in the lives of Peter and Jesus, fly to Athens/Thessaloniki in Greece to join those not going to Israel, and, for six days follow Paul's steps in Greece in our comfortable motorcoach, and then embark for a three-day cruise to visit the Greek islands and Ephesus in Turkey. **Cost: for Greece only, \$2,675, for Israel and Greece, \$3,795 from New York** on Olympic Airways. (Air/land, hotels, shore excursions, breakfast, dinner, and all expenses included except airport taxes, tips and visas.)

If you are interested, please contact us at (407) 767-7567, or Fax (407) 767-6414 and we'll send you a brochure.

Growth - When our Board met in January, we decided that each one of our members would be serving the needs of those places where a Spanish-speaking representative of Contemplative Outreach is required. Adalberto Henriquez will travel to El Salvador and Nicaragua in Central America, and two local people will be his support contacts. A visit to Argentina in April is being planned by Dr. Hugo Mejía or Ricardo López, again with two local people serving as their support contacts (one of them is moving from Miami to Argentina, where she is originally from, and the other participated in our Formation Program in July in Orlando). Isabel de Marion-Landais was in Puerto Rico for a weekend workshop on Lectio Divina, will return within the next couple of months; and, due to geographical location, will be following up with Carmen Sánchez. A visit to Venezuela is being planned next. Meanwhile, Carmen Sánchez is going to offer our first seven-day retreat in Spanish in Miami on October 18th to 24th (cost is \$400, phone number to call for registration is (305) 661-6966, Fax (305) 666-2075). And, another Formation for Service is being planned for next year.

Our second bi-annual international meeting will be held in Orlando the weekend of July 20 - 22. We ask our readers who feel they can make a contribution to the Spanish national and international effort to let us know if they would like to attend, as the space is very limited at the San Pedro Retreat Center. We would also like to have your ideas and suggestions for this meeting. **Donations** for Extensión Contemplativa can be sent to Contemplative Outreach, indicating on your check that your donation be used for the Spanish Ministry. Thank you... Adiós, amigos – hasta la próxima – que Dios los bendiga a todos...!

A Moment With the Lord

By Joanne O'Rourke, NYC

I asked the Lord for favors
And thought he never heard,
His message was be silent
And say your sacred word.

I asked he give me knowledge
So I could better pray,
You learn my will by being still
Was what he seemed to say.

I asked him for the gift of faith
So I could spread his word,
He said, be free, just trust in Me
For I'll decide who's heard.

I beckoned then for wisdom
So I could change the lands,
He did request I learn to rest
And leave things in His hands.

I told him from his gentleness
My spirit would renew,
He said let go and let Me grow
For I created you.

There's a spirit deep within you
In my likeness which is true,
With all life's pain, it's now turned feign
It's time to make it new.

If you won't sit in silence
You'll never hear my voice,
You only know one way to go
And you always make the choice.

And so I rest in silence
Wondering if I'm heard,
The thoughts do flow, I let them go
And say my sacred word.



Connect on the Web!

Visit our web site at <http://www.contemplativeoutreach.org> for:

- Weekly articles by Fr. Thomas Keating, OSCO
- Information about local events
- Locations of Centering Prayer groups
- Information about Centering Prayer resources: Books, Tapes

Contacts/Coordinators:

To list information about local events and groups, contact the International Office

email: office@coutreach.org, **Voice:** 973-838-3384 **Fax:** 973-492-5795

Book Reviews

New Books By Father Thomas

Barbara Wuest

Over the Christmas break, I had the opportunity to read *Fruits and Gifts of the Spirit* and *The Better Part*, two new books by Fr. Keating. And I highly recommend both of them. Whether you've been centering for several years or have just begun this practice, I think you will find them helpful and inspiring. I have read every book that he has written, some of them two or three times. But in these two, I found that the same material is written differently. Deep and profound insights are presented in a beautifully simple way. How can he describe such complex inner workings of the soul in such clear sentences? These books speak to the heart more directly than the earlier ones. There is a more lyrical quality to the writing. In fact, in *Gifts and Fruits of the Spirit*, Fr. Keating includes two poems. Here is one stanza from his poem called "The Night of Self".

*"When all anxious seeking stops
Unity begins.
But every time I act
Even if to pray
Unity dissolves."*

This amazing stanza - which could only be written by someone who "walks the talk" - comes in at the end of the book. The chapters that precede it are full of what I would call lyrical substance. The section on "The Gift Counsel" was especially helpful to this reader. And in *The Better Part*, the chapter on "The Eucharist" is worth reading over and over. Keating writes: "Contemplative prayer...reduces the obstacles to the transforming energy of the Eucharist so that we can manifest in our attitudes and behavior the living Christ within us...A contemplative practice is not dissociated or separate from the dynamic movement of Lectio and the sacraments. If we do not have a discipline to reduce the obstacles in us to experiencing the presence of God, the full power of the sacraments is diluted and they do not achieve their full potential to transform us. That is why some people can receive Communion every day for years and remain unchanged. They do not make a serious effort to face the obstacles in themselves" (56). This is only a small sampling of the insightful stanzas and sentences you will find in these latest books. I'd suggest you take a look.

From the Center Poetic Prayers and Meditations

By Robert J. Hope

Forward by William A. Meninger

From the biblical Psalms, through the writings of Augustine and Bernard, to the verses of John of the Cross, Gerard Manley Hopkins, and Thomas Merton, the language of prayer has also been the language of poetry. Writing out of this tradition, Robert J. Hope presents the reader with intense verse reflections on the universal presence of God in ourselves and in all of nature. The imagery is richly erotic, reverently evocative of the beauty of floral and faunal creation, and transparently candid in its expression of the awe experienced by mystics, lovers, and children.

"With this beautiful book, meditation according to *The Cloud of Unknowing* and its contemporary counterpart, Centering Prayer, has come of age. There are thousands of people who will welcome *From the Center* with appreciation and understanding. Let this book speak to your heart as it does to mine." -William A. Meninger

"These poetic meditations are graced gifts of the author's daily discipline of Centering Prayer. Reflecting present-moment insights, the joys, challenges, struggles, and aspirations of the spiritual life are revealed in refreshing and provocative ways. *From the Center* invites the reader to deeper prayer with the Beloved of all hearts." -Nan C. Merrill

95% percent of the royalties will support Contemplative Outreach. Robert J. Hope is a Commissioned Presenter of Centering Prayer and a New England Coordinator for Contemplative Outreach.

Monthly, we celebrate a Mass for the staff at the International Office. We would like very much to be able to pray for your special intentions. Please drop us a line or e-mail us so that we can include you in our prayers. office@coutreach.org

Resources Available from Contemplative Outreach, Ltd

Please send me the following books:

by Fr. Thomas Keating

- Fruits and Gifts of the Spirit \$12.00
- St. Therese of Lisieux: \$10.00
- The Kingdom of God is Like: \$14.95
- Open Mind, Open Heart: \$12.95
- The Mystery of Christ: \$12.95
- Intimacy with God: \$16.95
- Awakenings: \$12.95
- Reawakenings: \$12.95
- Invitation to Love: \$12.95
- Crisis of Faith, Crisis of Love: \$10.95
- Active Meditations for Contemplative Prayer: \$12.95 (HC)
- Heart of the World: \$9.95
- The Human Condition: \$5.95
- The Better Part \$14.95

edited by Gus Reininger

- Centering Prayer in Life & Ministry: \$11.95

by Sr. Thelma Hall

- Too Deep for Words: \$8.95

by Sr. Mary Margaret Funk

- Thoughts Matter: \$12.95

by Father William Meninger

- Loving Search for God: \$11.95
- Process of Forgiveness: \$13.95

by Fr. Carl Arico

- A Taste of Silence: \$14.95

by Robert J. Hope

- From the Center: \$12.95 *NEW

by Nan Merrill

- Psalms for Praying: \$16.95

by Elizabeth Smith and Joseph Chalmers

- A Deeper Love: \$10.95

by Fr. Basil Pennington

- Lectio Divina: \$14.95

Spiritual Journey Handbooks:

- Volume I: \$14.95
- Volume II: \$14.95
- Volume III: \$14.95
- Volume IV: \$14.95 (Replaces Guidebook)

Libros Traducidos al Espanol

by Fr. Thomas Keating

- Invitacion A Amar: \$12.95
- Reino De Dios Es Como: \$10.95
- Intimidacion Con Dios: \$13.95

- Misterio de Cristo: \$12.95

by Sr. Mary Margaret Funk

- El Corazon en Paz: \$14.95 *NEW

Audio/CD/Video Order Form

by Fr. Thomas Keating

- Journey to Contemplation: (8 tapes) \$35.00
- Divine Therapy: (4 tapes) \$27.50
- The Gift of Contemplation and the Spiritual Journey: (6 tapes) \$32.50
- The Kingdom of God is Like: (4 tapes) \$23.00
- The Contemplative Journey Vol. I and II: (24 tapes with Study Guide) (Formerly *The Spiritual Journey*): \$168.00

Or

- The Contemplative Journey Vol. 1, Tapes 1-12 with Study Guide (formerly *The Spiritual Journey* Parts 1 & II): \$99.95
- The Contemplative Journey, Vol. II, Tapes 13-24 with Study Guide (formerly *The Spiritual Journey* Parts III & IV) \$99.95

by Fr. Carl Arico

- The Power of Silence: (3 tapes): \$18.00

by Mary Mrozowski

- Beyond Centering Prayer: (6 tapes) \$31.00

CD

- 3 track Meditation Timer/Cello Contemporary Contemplative Music for Centering Prayer: \$12.00
- Cantico de Jerusalén (Spanish) chanting with 20 and 40 minutes of silences: \$10.00

Video

by Thomas Keating

- Fruits of the Holy Spirit (single tape) \$24.99
- Fruits of the Holy Spirit/Questions and Answers (2 tape set): \$35.00

For the first item include \$4.00 for postage and handling. For each additional item include an additional \$0.50. All orders should be accompanied by payment in full or credit card information. **Make checks payable to:** Contemplative Outreach, Ltd.

Name _____

\$_____ Total

Street _____

Check or money order enclosed

City _____ State _____ Zip _____

Charge to my credit card (minimum charge \$10)

Phone _____

Credit Card No. _____ Exp. Date _____

Signature _____

Resources on this page are available from Contemplative Outreach Ltd. Please do not use this order form to order tapes distributed by American Magnetic.



Contemplative Outreach, Ltd.
P.O. Box 737
Butler, NJ 07405

AMERICAN MAGNETIC MEDIA PRESENTS
Video and Audio Tape Collection by Contemplative Outreach
1-800-USA-TAPE (1-800-872-8273)

Tape Series with Fr. Thomas Keating

The Spiritual Journey Series: (Video Only)

Complete Series with Prologue and Parts 1, 2, 3, & 4	\$649.74
Complete Series without Prologue – Parts 1, 2, 3, & 4	\$599.76

Prologue: (2-tape set)

*The Method of Centering Prayer	
The Psychology of Centering Prayer	\$49.99

Part 1: Developing Centering Prayer (6 tapes)	\$149.94
Part 2: Model of the Human Condition (6 tapes)	\$149.94
Part 3: Paradigms of the Spiritual Journey (6 tapes)	\$149.94
Part 4: Contemplation-The Divine Therapy	\$149.94

All tapes in the series may be purchased individually	\$24.99
---	---------

Spiritual Journey Handbooks Parts 1, 2, 3, or 4 (correspond to each "part" in the series")	\$14.95
--	---------

Set of all 4 Spiritual Journey Handbooks	\$59.80
---	----------------

Six Follow-Up Sessions to the Introductory Workshop to Centering Prayer (Video Only)

Tape 1 (two sessions) Session I: Prayer in Secret Session II: The Discipline of Centering Prayer	\$24.99
---	---------

Tape 2 (two sessions) Session III: What Centering Prayer Is Not and What It Is Session IV: The Basic Principles of Centering Prayer	\$24.99
--	---------

Tape 3 (two sessions) Session V: * The Method of Centering Prayer 1 Session VI: * The Method of Centering Prayer 2	\$24.99
---	---------

Special Price – Complete Set	\$64.99
-------------------------------------	----------------

Contemplative Dimensions of the 12 Steps

	<u>Video</u>	<u>Audio</u>
Tape 1: Centering Prayer As An 11 th Step Practice	\$24.99	\$11.95
Tape 2: Human Condition and the First Two Steps	\$24.99	\$11.95
Tape 3: A Daily Practice of Transformation	\$24.99	\$11.95
Tape 4: Questions & Answers with Fr. Keating	\$24.99	\$11.95
Special Price – Complete Set	\$89.99	\$47.00

Other Tape Series

Christian Contemplative Heritage-Our Apophatic Tradition-
 Locates Centering Prayer in the mainstream of the Christian Contemplative Heritage.

	<u>Video</u>	<u>Audio</u>
Introduction: Origins and Inspirations of Centering Prayer (Fr. Keating, Meninger, & Pennington)	\$24.99	\$11.95

Set I: *The Method of Centering Prayer and the Psychology of the Spiritual Journey (Fr. Thomas Keating)	\$49.99	\$32.95
--	---------	---------

Set II: An Overview of the Apophatic Tradition (Fr. James Wiseman)	\$49.99	\$22.95
--	---------	---------

Set III: The Monastic Heritage (Fr. Basil Pennington)	\$49.99	\$22.95
--	---------	---------

Set IV: Women Religious and the Contemplative Dimension (Sr. Jeanne Knoerle, Sr. Patricia Benson)	\$49.99	\$22.95
---	---------	---------

Set V: The Cloud of Unknowing (Fr. William Meninger)	\$59.99	\$32.95
---	---------	---------

Epilogue – Questions and Answers (Fr. Thomas Keating)	\$24.99	\$11.95
--	---------	---------

Complete Set	\$309.99	\$122.95
---------------------	-----------------	-----------------

The Lectio Divina Series

Tapes 1 thru 4: Lectio Divina and the Senses of Scripture (Fr. Bruno Barnhart)	\$24.99 ea	\$11.95 ea
--	------------	------------

Tape 5: Lectio Divina Tradition (Sr. Mary Margaret Funk, Gail Fitzpatrick-Hopler; Fr. Bruno Barnhart)	\$24.99	\$11.95
--	---------	---------

Tape 6: Lectio Divina Demonstration & Commentary (Sr. Mary Margaret Funk)	\$24.99	\$11.95
---	---------	---------

Tape 7: Centering Prayer and Lectio Divina (Fr. Thomas Keating)	\$24.99	\$11.95
--	---------	---------

Tape 8: Lectio Divina and the Spiritual Journey (Panel Fr. Thomas Keating, Fr. Bruno Barnhart, Sr. Mary M. Funk)	\$24.99	\$11.95
---	---------	---------

Complete Set	\$199.00	\$95.00
---------------------	-----------------	----------------

NEW: The Practices That Bring the Fruits of Centering Prayer Into Daily Life (Video Only)

Tape 1: Contemplative Service-Intention/Attention Practice (with David Frenette)	\$24.99
--	---------

Tape 2: Lectio Divina Practice (with Fr. Carl Arico)	\$24.99
---	---------

Tape 3: The Prayer of Forgiveness (Sr. Bernadette Teasdale)	\$24.99
--	---------

Complete Set	\$74.97
---------------------	----------------

Other Videos with Fr. Thomas Keating (video only)

Mary the Mother of God: A Model for Lay Contemplative Life	\$24.99
Transformation In Christ/St. Therese of Lisieux	\$24.99
The Gifts of the Holy Spirit	\$24.99
Centering Prayer Revisited	\$24.99
Who Is Called to Contemplative Prayer	\$24.99

* Same Tape

Other Videos

Transformation in Christ/Divine Therapy (Gail Fitzpatrick Hopler)	\$24.99
Fruits of the Holy Spirit (Fr. Carl Arico)	\$24.99

Videotapes are
 available for RENTAL through
 the International Office.
 For information call:
973-838-3384

To Order Video and/or Audio Tapes:
 Call 1-800-USA TAPE

Clearly state if you are ordering audios, videos or both.
 Send Check or M/O to:
A.M.M. 13892 E Smith Drive,
 Denver, CO 80011, Att: Order Dept.
 Visa/MC, Discover, American Express

SHIPPING AND POSTAGE:

All single orders for video tapes add \$4.00
 Multiple Orders up to:

6.00 add \$1.49	35.01 to 50.00 add \$6.50
6.01 to 25.00 add \$3.50	50.01 to 75.00 add \$7.50
25.01 to 35.00 add \$4.50	over 75.00 add \$9.50

Updates

(Editor's Note: Because of limited space, we aren't able to include one-day activities and workshops in the Calendar of Events. The Updates section is a great place to let the readers know of the one-day opportunities that your chapter has to offer.)

Alta, WY

The Alta Retreat Center is growing along with Contemplative Outreach. Our newly formed Board of Trustees now includes Sr. Catherine Bazaar, Fr. Martin O'Loughlen and Rev. Eugene Sutton. We look forward to expanding our contemplative prayer programs, and are thrilled with the enthusiastic responses to our 30-Day Retreat coming up this summer. It's hard for us to be impartial about this spectacular place we call home, Teton Valley. We hope and pray that you will choose to come see for yourself to experience the solitude and sabbath our quiet mountain retreat offers. Peace in Christ, **Rev. Sandy Casey-Martus, ARC Director (307) 353-8100.**

Denver, CO (Contemplative Outreach of Colorado)

Record enrollment in classes and special events at our Center for Contemplative Living reflects the growing number of people who desire a spiritual presence in their busy lives. In January, 56 people attended the Basic Introductory Workshop and 40+ people attended the Basic Centering Prayer Course. Fr. Thomas Keating will be the keynote speaker for our 8th Annual Contemplative Conference on March 24. Fr. Vince Hovley, SJ and Sr. Eleanor Sheehan, CSJ of Sacred Heart Retreat House, and Kathy Hendricks, Interim Parish Director of Pax Christi, will host conference workshops on aspects of developing a spiritual outlook on life. Spring 2001 marks the beginning of our "two-tier" approach to meeting the needs of those beginning a Centering Prayer practice as well as those of the more seasoned practitioner. In addition to the Spiritual Journey Series, our curriculum includes a "False Self Film Festival", workshops on the Welcoming Practice and Prayer of Forgiveness, and a Centering Prayer immersion experience. In April, David Frenette, a former Chrysalis House staff member, will present a five-day retreat with a three-week follow-up course on the Christian Heritage. The second session of the Nine-Month Course will finish in May and plans for the Fall group are in the making. Our activities continue into the summer with our St. Malo Weekend Intensive Retreat in June. July 15-21, local leaders and I will present Formation and Training of Presenters for the Introduction Workshop on Centering Prayer. As we near maximum use of our facility and volunteer staff, we are ever mindful of our vision and our common search for spirituality in the 21st century. **Sr. Bernadette Teasdale, (303) 698-7729.**

Long Island/Queens, NY

In response to the question, "What are we doing next year?" from participants at the closing of The Living Flame II Program, grew our Enrichment Program – a series of four monthly presentations including the Welcoming Prayer, Lectio Divina, the Forgiveness Prayer and the Power of Silence. Introductory Workshops are scheduled in Suffolk County, a newly developing Centering Prayer area for Long Island. In the Fall of 2001, we will be offering the

Formation for Contemplative Outreach Service using the model that was so successful in New York City – meeting one Sunday a month for six months. Coming to Long Island in the Fall of 2002 is the "on the road" team of Cathy McCarthy and Joanne O'Neill to present the Nine-Month Course: The Practice of Contemplative Living at Our Lady of Grace Center in Manhasset. The Long Island/Queens Chapter has made its pledge to the Contemplative Outreach Fundraising Campaign in addition to tithing twice a year to the International Office. **Long Island Steering Committee Barbara Sullivan (516) 481-0472.**

Northwest (Contemplative Outreach Northwest)

The relationship with God keeps stimulating Contemplative Outreach Northwest to stretch ourselves with more workshops and more kinds of workshops by our presenters (16 between January and July) more people (1200) receiving the newsletter, and more people visiting our website (www.conw.org). Cynthia Bourgeault will give a five-day workshop in Seattle in July, and Bill Sheehan and Susan Komis are coming to give weekend or longer workshops this year. We have 30 Centering Prayer groups. Many share the work, giving the coordinator time to volunteer to Monroe Penitentiary, co-teach a workshop for the assistants at the L'Arche community here, co-present Centering Prayer to clergy and lay people at an organized Annual Ministry Resource Day in March, and give an 11th Step workshop at a national 12-Step convention in June. Thus the prayer feeds our lives. **Barbara Huston (206) 282-9076.**

Raleigh, Durham and Chapel Hill, NC (Contemplative Outreach of the Triangle)

We are officially Contemplative Outreach of the Triangle, but outside of our neighboring states, we are probably better known geographically by the three cities above. However you know us, we are experiencing wonderful growth in Centering Prayer. Our Core Team of Flo Hartye, Betty Stoddard, John Kelsey and I meet the first Saturday of every month for administrative and planning purposes. We have been doing that for over a year. We are into our second year of Quarterly Days of Prayer – with dates set for June, September and January, 2002. A different Church hosts each Quarter. We expect to have Centering Prayer retreats and Formation Training in our area in 2002. There are currently 20 Centering Prayer groups meeting on a regular basis. They represent Episcopal, Presbyterian, United Church of Christ, Roman Catholic (plus Newman Center), and Lutheran faith traditions. We are all greatly looking forward to Fr. Thomas' appearance here on Saturday, September 8. He will be speaking on Transformation and Centering Prayer – a topic already generating a lot of interest. We have a separate Planning Team already in place, doing an outstanding job. We anticipate a great turnout and a boost that will take our burgeoning activity and interest to greater heights...and depths. **Jim Biggins (919) 969-9604 jbiggins@mindspring.com.**

continued next page

Updates

Tampa, FL

Greetings from the Tampa Bay area! There has been a lot of resistance to writing a paragraph for the newsletter in the past because of the assumption only those areas doing "great and wonderful" things would be of interest until this thought came: There must be many other areas where progress is being made slowly in this great work with which we are charged. And so, the resistance was overcome in order to encourage smaller groups. Thus, we are writing to let readers know our area is growing steadily and slowly. The number of prayer groups has grown to 10 over the last several years. In addition to four or five Introductory Workshops yearly, we sponsor the United in Prayer Day each March, and, for the first time, will have two sites – one in Crystal River and one in St. Petersburg. In the Fall we added an "Uncovering Your Hidden Motivation" workshop, and in the last two winters, offered the "Welcoming Prayer Workshop". Another highlight was a weekend retreat on Centering Prayer and Enneagram presented by Fr. Bill Sheehan and Jean Jolly of Tampa. While in the area, Fr. Bill presented an evening for the community at large on Lectio Divina that enriched us greatly. We seem to add events as the needs arise. With both of us retired as of the summer of 2000, it seems the pace is picking up a little... more Introductory Workshops, more events at which to present the Centering Prayer concept. Other leaders seem to be emerging, and that gives us hope for even more to be accomplished as we slowly move forward – hopefully, always under the guidance of the Holy Spirit. **John & Marge Rafferty, Co-Coordinators 727-345-7908.**

Walden, NY (Contemplative Outreach of Orange County)

In June St. Andrew's Retreat House will be hosting the *first* 21-Day Centering Prayer Immersion Retreat with Fr. Thomas Keating, Fr. Carl Arico and David Frenette. The response from the last Newsletter was so overwhelming that we added one *January 12-Feb 1* and *June 1-21, 2002*. We are presenting three One-Day Introductory Workshops per Quarter, and now need to begin focusing on Days of Prayer, supporting Centering Prayer Groups and other one-day Workshops. The "Living the Welcoming Prayer in Daily Life" with David Frenette was incredible, and we have scheduled another this December. A new Contemplative Living Community formed from the last Nine-Month Course and is meeting monthly at the Butler, NJ office. We tithe 2.5% of our gross income each month to the Int'l Office, and have made our pledge for the next five years. We continue to be in awe of God's great goodness and generosity in our ministry at St. Andrew's and are especially grateful to Contemplative Outreach for their continued support. **Cathy McCarthy 845-778-2102 or Email cathymc@frontiernet.net.**

National Calendar of Events

June 2001- March 2002

Introduction to Centering Prayer Retreats/Workshops

A contemporary presentation of the discipline of Centering Prayer as silent communion with God beyond concepts, words and images.

Walden, NY St. Andrew's Retreat House	Aug 10-12	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
San Salvador, El Salvador Casa Oracion	Aug 23-24	Contemplative Outreach Staff Contact: Leila de Membreno (503) 263-3457
Cullman, AL Benedictine Center	Aug 30-Sep 1	Contemplative Outreach Staff Contact: Sr. Eleanor Harrison (256) 734-8302
Melbourne, KY Moye Spiritual Life Center	Oct 13-14	Contemplative Outreach Staff Contact: Sr. Micki Martin (859) 441-0679
Walden, NY St. Andrew's Retreat House	Nov 2-4	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102
Beech Grove, IN Benedict Inn Retreat & Conference Center	Dec 7-9	Contemplative Outreach Staff Contact: Sr. Antoinette Purcell (317) 788-7581
Cullman, AL Benedictine Center	Jan 25-27	Contemplative Outreach Staff Contact: Sr. Eleanor Harrison (256) 734-8302

Introduction to Lectio Divina Retreats/Workshops

Conferences and practice introducing us to the most traditional way of cultivating a friendship with Christ.

Andover, MA Franciscan Center	Oct 5-7	Contemplative Outreach Staff Contact: Sr. Lorraine Pianka (978) 858-0856
---	---------	--

The "Welcoming" Prayer Workshop

A spiritual practice of "Letting Go" of feelings, emotions, thoughts and body sensations into the present moment during the ordinary routines of daily life. Prior Centering Prayer experience necessary.

Walden, NY St. Andrew's Retreat House	Nov 30-Dec 2 <i>Living the Welcoming Prayer in Daily Life</i>	David Frenette Contact: Cathy McCarthy (845) 778-2102
--	--	---

Centering Prayer and the 12 Steps (The 11th Step)

The purpose of this weekend is to introduce or expand the experience of Centering Prayer as a part of a daily 12 Step Practice and to stimulate a desire and resolve to practice prayer and meditation on a daily basis. This weekend is also called *The 11th Step Retreat*.

St Louis, MO Marianist Retreat Center	June 15-17	Contemplative Outreach Staff Contact: Diane Guerra (314) 918-8288
--	------------	---

NEW Centering Prayer and the 12 Steps (The 11th Step) – PART II

This workshop will focus on the "Human Condition", the roots of our fourth step, and the "Psychology of the Spiritual Journey." This workshop is recommended, but not limited to people who have made the first Contemplative Dimension of the 12 Steps workshop, are in a 12 Step Program and have a regular Centering Prayer practice.

Walden, NY St. Andrew's Retreat House	Oct 26-28	Donald Masters Contact: Cathy McCarthy (845) 778-2102
--	-----------	---

continued next page

National Calendar of Events

Continued from page 9

Centering Prayer Weekend Retreats

Includes conferences renewing the Method of Centering Prayer and a moderate amount of Centering Prayer in common.

Richmond, VA June 1-2 Richmond Hill Retreat for Facilitators	Susan Komis Contact: April Swofford (804) 783-7903	Albuquerque, NM Sep 26-28 Spiritual Renewal Center	Contemplative Outreach Staff Contact: Sr. Amata Dawson (505) 877-4211
Manchester, NH June 1-2 Joseph House Contemplative Retreat Center	Contemplative Outreach Staff Contact: Sr. MaryAnne Laughlin (603) 627-9493	White Plains, NY Sep 27-30 Facilitator's Workshop	Contemplative Outreach Staff Contact: Tom Skinner (914) 328-0420
Houston, TX June 1-2 Ruah Center at Villa De Matel Convent	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6053	St. Louis, MO Sep 28-30 Marianist Retreat Center	Fr. Bill Fickel Contact: Diane Guerra (314) 918-8288
Seoul, Korea June 12-16 Sang Ji 4 Day Retreat Center	Contemplative Outreach Staff Contact: Sr. Marie David 011-822-923-3547	Pacific City, OR Sep 30-Oct 1 Nestueca Sanctuary	Contemplative Outreach Staff Contact: Gini Graham (503) 645-3448
Manchester, NH June 8-9 Joseph House Contemplative Retreat Center	Contemplative Outreach Staff Contact: Sr. MaryAnne Laughlin (603) 627-9493	Houston, TX Oct 5-6 Ruah Center at Villa De Matel Convent	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055
Houston, TX June 13-14 Ruah Center at Villa De Matel Convent	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055	Walden, NY Oct 5-7 St. Andrew's Retreat House	Sr. Juanita Morales Contact: Cathy McCarthy (845) 778-2102
Washington, DC June 15-17 Dayspring Retreat Center	Contemplative Outreach Staff Contact: Carol Wilkenson (301) 428-9348	St. Joseph, MN Oct 5-7 St. Benedict's Monastery & Retreat Center	Contemplative Outreach Staff Contact: Sr. Helene Mercier (320) 363-7114
Manhasset, LI, NY June 22-24 St. Ignatius Retreat House	Contemplative Outreach Staff Contact: George Gerardi (516) 826-0552	Frenchville, PA Oct 5-7 Bethany Retreat Center	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855
Waldoboro, ME June 28-Jul 1 Wellspring 4 Day	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263	Nonson, Korea Oct 10-14 Seton Center for Spirituality	Contemplative Outreach Staff Contact: Sr. Sylvia Kim 011-8241-733-2352
Houston, TX June 29-30 Ruah Center at Villa De Matel Convent	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055	New Baltimore, PA Oct 12-14 St John the Baptist Retreat Center	Fr. Mark Begly Contact: Fr. Mark Begly (814) 733-2210
Frenchville, PA July 12-15 Bethany 4 Day Retreat Center	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Winnipeg, MB Oct. 12-14 Canada St. Benedict's Retreat House	Contemplative Outreach Staff Contact: Sr. Catherine Labinowich (204) 338-4601
San Antonio, TX July 13-15 St. Mary's University	Fr. Thomas Keating Contact: Timothy Koock (210) 615-8291	Pusan, Korea Oct 16-20 Pusan Center for Spirituality 4 Day	Contemplative Outreach Staff Contact: Fr. Pyo 011-8235-384-9690
Belton, TX Aug 3-5 Cedarbrake	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673	Albany, NY Oct 19-21 Dominican Spiritual <i>The Power of Silence</i> Life Center	Fr. Carl Arico Contact: Bruce Gardiner (518) 325-5546
Dickinson, TX Aug 17-19 Christian Renewal Center	Fr. Bill Sheehan Contact: Retreat House (281) 337-1312	Boston, MA Oct 25-28	Contemplative Outreach Staff Contact: Theresa Kim (617) 277-7455
Houston, TX Aug 31-Sep 1 Ruah Center at Villa De Matel Convent	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055	Richmond, VA Oct 26-28 Richmond Hill	Fr. Bill Sheehan Contact: April Swofford (804) 783-7903
Seattle, WA Sep 7-8 Rainbow Lodge	Fr. William Sheehan Contact: Fr. William O'Hallahan (206) 935-0358	Seattle, WA Oct 26-28 Episcopal Diocesan House Facilitator's Workshop	Susan Komis Contact: Mike Regis (206) 328-2318
Walden, NY Sep 7-9 St. Andrew's Retreat House	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102	Houston, TX Nov 2-3 Ruah Center at Villa De Matel Convent	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055
Temecula, CA Sep 21-24 Vina De Lestonnac 4 Day	Contemplative Outreach Staff Contact: Martha Rodriguez (619) 226-6000	Encino, CA Nov 2-4 Holy Spirit Retreat Center	Contemplative Outreach Staff Contact: Sr. Linda Snow (818) 784-4515
		Brooklyn, MI Nov 9-11 DeSales Center	Contemplative Outreach Staff Contact: Margaret (517) 592-8218

Sewanee, TN St. Mary's Retreat Center	Nov 11-13	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613	Waldoboro, ME Wellspring	Mar 2-4	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263
Frenchville, PA Bethany Retreat Center	Nov 16-18	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Immaculata, PA Villa Maria Spirituality Center	Mar 8-10	Contemplative Outreach Staff Contact: Sr. Margaret Gradl (610)644-1152 or 647-6630
Shuyler, NE St. Benedict Retreat Center	Nov 16-18	Contemplative Outreach Staff Contact: Sharon Anderson (402) 346-8429	Holy Week Retreat Walden, NY St. Andrew's Retreat House	March 27-31	Fr. Carl Arico Contact: Cathy McCarthy (845) 778-2102
Cullman, AL Benedictine Center	Nov 30-Dec 2	Contemplative Outreach Staff Contact: Sr. Eleanor Harrison (256) 734-8302	NEW Centering Prayer Immersion Retreat Walden, NY St. Andrew's Retreat House	June 2-22 (21 Day)	Fr. Keating, Fr. Arico, David Frenette Contact: Cathy McCarthy (845) 778-2102
Houston, TX Ruah Center at Villa De Matel Convent	Nov 30-Dec 1	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055	Walden, NY St. Andrew's Retreat House	Jan 12-Feb 1 (21 Day)	Fr. Keating, Gail F. Hopler Contact: Cathy McCarthy (845) 778-2102
St. Joseph, MN St. Benedict's Monastery & Retreat Center	Nov 30- Dec 2	Contemplative Outreach Staff Contact: Sr. Helene Mercier (320) 363-7114	NEW 30 Day Retreat Alta, WY Alta Retreat Center	July 1-28	Fr. O'Loughlen, Fr. Nagy, Ms Dwyer & Rev. Casey-Martus Contact: Rev. Sandy Casey-Martus (307) 353-8100
Melbourne, KY Moye Spiritual Life Center	Nov 30-Dec 2	Contemplative Outreach Staff Contact: Sr. Micki Martin (859) 441-0679	Intensive Centering Prayer Retreats		Provides an opportunity to immerse participants in the practice of Centering Prayer as taught by Contemplative Outreach. The 10 Day Intensive features Parts I,II,III of the "Spiritual Journey" Videotape Series by Fr. Thomas Keating. May be modified from 5 to 10 days.
Houston, TX Ruah Center at Villa De Matel Convent	Dec 14-15	Contemplative Outreach Staff Contact: Janet Troy (713) 928-6055	5 Day Intensive Retreats Wichita, KS Spiritual Life Center	July 15-20	Contemplative Outreach Staff Contact: Fr. Gerry Pecht (316) 744-0167
Walden, NY St. Andrew's Retreat House	Dec 14-16 <i>Advent</i>	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102	New Baltimore, PA St John the Baptist Retreat Center	July 20-25	Fr. Mark Begly Contact: Fr. Mark Begly (814) 733-2210
Andover, MA Franciscan Center	Dec 14-16	Contemplative Outreach Staff Contact: Sr. Lorraine Pianka (978) 858-0856	St. Paul, MN Benedictine Center	July 27-Aug 1	Contemplative Outreach Staff Contact: Sr. Virginia Matter (651) 777-7251
Walden, NY St. Andrew's Retreat House	Dec 29-Jan 1 <i>New Year's Retreat</i>	Fr. Bill Sheehan Contact: Cathy McCarthy (845) 778-2102	Waldoboro, ME Wellspring	Sept 1-5	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263
Frenchville, PA Bethany Retreat Center	Jan 11-13	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Waldoboro, ME Wellspring	Nov 1-5	Contemplative Outreach Staff Contact: Adele Millette (207) 832-6263
Rapid City, SD St. Martin Monastery	Jan 18-20	Contemplative Outreach Staff Contact: Sr. Marmion (605) 343-2688	Rapid City, SD St. Martin Monastery	Jan 20-24	Contemplative Outreach Staff Contact: Sr. Marmion (605) 343-2688
Venice, FL	Jan 25-27	Fr. Carl Arico Contact: Betty Zonia (941) 484-9543	6-7-8-9 Day Intensive Retreats Alta, WY Alta Retreat Center	June 3-9 7 Day	Contemplative Outreach Staff Contact: Rev. Sandra Casey-Martus (307) 353-8100
Frenchville, PA Bethany Retreat Center	Feb 15-17	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Villa Maria, PA Villa Maria Retreat House	June 10-17 8 Day	Fr. Bill Fickel Contact: Kay Powers (216) 932-8911
Andover, MA Franciscan Center	Feb 22-24	Contemplative Outreach Staff Contact: Sr. Lorraine Pianka (978) 858-0856	Belton, TX Cedarbrake	June 15-21 7 Day	Contemplative Outreach Staff Contact: Marty (512) 347-9673
Birmingham, AL	Feb 22-24	Fr. William Meninger Contact: Caroline Humphreys (205) 979-1159	Encino, CA Holy Spirit Retreat Center	June 17-24 8 Day	Contemplative Outreach Staff Contact: Sr. Linda Snow (818) 784-4515
Encino, CA Holy Spirit Retreat Center	Mar 1-3	Contemplative Outreach Staff Contact: Sr. Linda Snow (818) 784-4515	Seattle, WA St. Thomas Church	Mar 1-3	Fr. Thomas Keating Contact: Barbara Huston (206) 282-9076

continued next page

National Calendar of Events

Continued from page 11

Honolulu, HI St. Anthony Retreat Center	June 18-25 8 Day	Contemplative Outreach Staff Contact: Sr. Kathrine Theiler (808) 988-6540	St Louis, MO Il Ritiro Retreat Center	July 20-29	Fr. Bill Sheehan Contact: Diane Guerra (314) 918-8288
Immaculata, PA Villa Maria Spirituality Center	June 26-July 4 8 Day	Contemplative Outreach Staff Contact: Sr. Margaret Gradl (610) 644-1152 or 647-6630	Ponchatoula, LA Spirit Life Center	July 27-Aug 5	Contemplative Outreach Staff Contact: Daniel DeMers (504) 394-1795
Winnipeg, MB Canada St. Benedict's	July 6-13 8 Day	Contemplative Outreach Staff Contact: Sr. Catherine Labinowich (204) 338-4601	Richmond, VA Richmond Hill	Aug 10-19	Contemplative Outreach Staff Contact: April Swofford (804) 783-7903
Andover, MA Franciscan Center	Aug 11-17 7 Day	Contemplative Outreach Staff Contact: Sr. Lorraine Planka (978) 858-0856	Walden, NY St. Andrew's Retreat House	Aug 24-Sep 2	Fr. Bill Sheehan Contact: Cathy McCarthy (845) 778-2102
Alta, WY Alta Retreat Center	Aug 19-25 7 Day	Contemplative Outreach Staff Contact: Rev. Sandra Casey-Martus (307) 353-8100	Snowmass, CO (full: waiting list only) St. Benedict's Monastery	Oct 9-18	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964
Holy Trinity, AL Holy Trinity Shrine Retreat Center	Aug 21-28 8 Day	Fr. Bill Fickel Contact: Sr. Gerry Whelan (334) 855-4474	Snowmass, CO (Open) St. Benedict's Monastery	Jan 8-17	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964
Alta, WY Alta Retreat Center	Sep 16-22 7 Day	Contemplative Outreach Staff Contact: Rev. Sandra Casey-Martus (307) 353-8100	Temecula, CA Vina De Lestonnac	March 4-13	Contemplative Outreach Staff Contact: Martha Rodriguez (619) 226-6000
Alta, WY Alta Retreat Center	Oct 21-27 7 Day	Contemplative Outreach Staff Contact: Rev. Sandra Casey-Martus (307) 353-8100	Advanced Centering Prayer Retreats Provides an opportunity to deepen the practice of Centering Prayer in an Atmosphere of silence and community support. The Advanced Intensive usually features Part IV of the "Spiritual Journey" Videotape series by Fr. Thomas Keating. Prior Centering Prayer Retreat experience required. May be 5, 8, 9 or 10 day.		
Sewanee, TN St. Mary's Retreat Center	Jan 6-13 8 Day	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613	5, 8, 9, 10 Day Advanced Retreats		
Walden, NY St. Andrew's Retreat House	Feb 19-24 6 Day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102	Villa Maria, PA Villa Maria Retreat House	June 10-17 8 Day	Fr. Bill Fickel Contact: Kay Powers (216) 932-8911
10 Day Intensive Retreats			Frenchville, PA Bethany Retreat Center	June 23-Jul 1 9 Day	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855
Snowmass, CO (full: waiting list only) St. Benedict's Monastery	June 12-21	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	Ferdinand, IN Kordes Retreat Center	July 6-15 10 Day	Contemplative Outreach Staff Contact: Kristine Harpenau (800) 880-2777
Boynton Beach, FL St. Vincent de Paul Seminary	June 15-24	Contemplative Outreach Staff Contact: Barbara Reitberg (305) 386-7507	Belton, TX Cedarbrake	Sept 26-30 5 Day Lectio Divina	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
St. Joseph, MN St. Benedict's Monastery & Retreat Center	June 22-July 1	Contemplative Outreach Staff Contact: Sr. Helene Mercier (320) 363-7114	Post Intensive Centering Prayer Retreats Provides an opportunity for intensive Centering Prayer, Lectio Divina, solitude and silence in community. Prior Centering Prayer Retreat experience necessary. May be 5, 6, 7, 8, 9 or 10 day.		
Immaculata, PA Villa Maria Spirituality Center	June 26-July 5	Fr. Carl Arico Contact: Sr. Margaret Gradl (610) 644-1152 or 647-6630	5-6-7-8-9 Day Post Intensives		
Cullman, AL Benedictine Center	July 2-11	Fr. Bill Fickel Contact: Sr. Mary McGehee (256) 736-5820	Sewanee, TN St. Mary's Retreat Center	June 10-17 8 Day	Contemplative Outreach Staff Contact: Carol Wray (615) 373-0613
Greensburg, PA St. Emma's Monastery	July 3-12	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	Belton, TX Cedarbrake	June 15-21 7 Day	Contemplative Outreach Staff Contact: Barbara Cook (512) 347-9673
Ferdinand, IN Kordes Retreat Center	July 6-15	Contemplative Outreach Staff Contact: Kristine Harpenau (800) 880-2777	Alta, WY Alta 7 Day Retreat Center	June 17-23 Contact:	Contemplative Outreach Staff Rev. Sandra Casey-Martus (307) 353-8100
Frankfort, IL Portiuncula Center for Prayer	July 18-27	Contemplative Outreach Staff Contact: Sr. Benita Jasurda (630) 969-7040	Honolulu, HI St. Anthony Retreat Center	July 31-Aug 7 8 Day	Contemplative Outreach Staff Contact: Sr. Katherine Theiler (808) 988-6540

Liverpool, UK	Aug 9-17 9 Day	Contemplative Outreach Staff Contact: Mrs. Elizabeth Smith 011-44-1772-629520	of the Essentials. Prerequisites are prior attendance at a 10 Day Intensive Retreat and the daily practice of Centering Prayer. The Course includes Centering Prayer and presentations by the staff and participants.
Snowmass, CO (full: waiting list only) St. Benedict's Monastery	Nov 2-9 8 Day	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	Seoul, Korea June 5-10 Sang Ji Retreat Center Contemplative Outreach Staff Contact: Sr. Marie David Choi 011-822-923-3547
Alta, WY Alta Retreat Center	Nov 11-17 7 Day	Contemplative Outreach Staff Contact: Rev. Sandra Casey-Martus (307) 353-8100	Richmond, VA June 25-July 1 Richmond Hill Theresa Saulnier Contact: April Swofford (804) 783-7903
Walden, NY St. Andrew's Retreat House	Feb 19-24 6 day	Contemplative Outreach Staff Contact: Cathy McCarthy (845) 778-2102	Alta, WY June 17-23 Alta Retreat Center Contemplative Outreach Faculty Contact: Rev. Sandra Casey-Martus (307) 353-8100
10 Day Post Intensives			
Boynton Beach, FL St. Vincent de Paul Seminary	June 15-24	Contemplative Outreach Staff Contact Barbara Reitberg (305) 386-7507	Milwaukee, WI July 13-19 St. Francis Retreat Center Contemplative Outreach Faculty Contact: Madeline Soo (414) 961-2610
Cullman, AL Benedictine Center	July 2-11	Fr. Bill Fickel Contact: Sr. Mary McGehee (256) 736-5820	Pittsburgh, PA Sep 21-25 Tabor House Contemplative Outreach Faculty Contact: Jeane Kish (412) 279-9505
Ferdinand, IN Kordes Retreat Center	July 6-15	Contemplative Outreach Staff Contact: Kristine Harpenan (800) 880-2777	Manhasset, LI, NY Oct 28-May 19 Our Lady of Grace Center 6 monthly 1-day sessions Contemplative Outreach Faculty Contact: Anne Mazza (516) 794-8233
St Louis, MO Il Ritiro Retreat Center	July 20-29	Fr. Bill Sheehan Contact: Diane Guerra (314) 918-8288	Snowmass, CO Nov 13-20 (full: waiting list only) St. Benedict's Monastery Contemplative Outreach Faculty Contact: Pat Johnson (970) 963-3964
Frenchville, PA Bethany Retreat Center	July 28-Aug 7	Contemplative Outreach Staff Contact: Nicole Fedder (814) 263-4855	Parish Missions/Retreats -Fr. Carl Arico Contact: International Office Butler, NJ (973) 838-3384 Sep 29 - Oct 2 Parish Mission – Little Flower, Berkeley Heights, NJ Nov 3 - 6 Parish Mission – Holy Spirit Byzantine, Parma, OH Dec 8 – 11 Parish Mission – IHM, Scotch Plains, NJ
Snowmass, CO (full: waiting list only) St. Benedict's Monastery	Aug 7-16	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	Nine Month Course: The Practice of Contemplative Living An ongoing process of formation enabling participants to create their own unique contemplative lifestyle in the contemporary world. Commitment is one weekend a month for nine months. Prayer, contemplative living and the integration of contemplation and activity are cultivated; the process is aided by the development of relational prayer through contemplative prayer practices. For information contact New York - Cathy McCarthy, 845-778-2102; South Florida – Barbara Rietberg, 305-386-7507 Winter Park, Florida – Jacquie Brinkman, 888-321-5610 Denver, Colorado – Rose Meyler, 303-863-0932
Loyola Hall, Merseyside, England	Aug 9-18	Contemplative Outreach Staff Contact: Mrs. S. Jones 011-44-114-288-6885	The Living Flame A national program on contemplative issues, designed to heighten the awareness of the dynamic of Centering Prayer in the context of the Spiritual Journey, offering guidance and intelligibility needed to stay faithful to the practice. It is an opportunity to receive and share conceptual background at a deeper level, as well as experiential insight, thus building a faith community committed to the Centering Prayer practice. Meets one Saturday a month during seven consecutive months. For information, contact Monica Freeman (504) 924-3812.
Richmond, VA Richmond Hill	Aug 10-19	Contemplative Outreach Staff Contact: April Swofford (804) 783-7903	Contemplative Outreach Ltd. Study Program In The Christian Contemplative Tradition - The twelve week course is divided into two parts and covers contemporary expressions of the Christian contemplative tradition and then reaches back, during the last six weeks to the beginnings of the systematic practice of contemplative prayer among the desert monks of Syria, Egypt and Palestine. Objectives of this course include facilitating a deeper understanding of the depth and richness of the Christian contemplative tradition and the chance to engage the study material beyond the intellectual level in order to find the living tradition as we personally interact with it in our everyday lives. For more information, call Bonnie Shimizu (970) 927-3858 or email – bjs@rof.net.
New Windsor, NY Presentation Center	Aug 10-19	Fr. Carl Arico Contact: Cathy McCarthy (845) 778-2102	
Brooklyn, MI DeSales Center	Aug 20-29	Contemplative Outreach Staff Contact: Pat Johnson (970)963-3964	
Walden, NY St. Andrew's Retreat House	Aug 24-Sept 2	Fr. Bill Sheehan Contact: Cathy McCarthy (845) 778-2102	
Snowmass, CO (full: waiting list only) St. Benedict's Monastery	Sep 11-20	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	
Snowmass, CO (full: waiting list only) St. Benedict's Monastery	Dec 4-13	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	
Amarillo, TX Bishop DeFalco Retreat Center	March 5-14	Contemplative Outreach Staff Contact: Pat Johnson (970) 963-3964	

Formation for Contemplative Outreach Service

Provides training and practice in interiorizing and communicating the essential elements of an Introductory Workshop on Centering Prayer, as well as an opportunity to look at our own Centering Prayer practice in light

C.O. Area/Regional Contacts United States

AL Birmingham	Aloysius Golden	205-592-3930		(Far Western Suburbs)	
AL Birmingham	Caroline Humphreys	205-979-1159	IL Chicago (Central)	Dr. Joan Monego	708-453-4007
AL Cullman	Sr. Mary McGehee	256-736-5820	IL Chicago	Joseph Sandman	847-486-1737
AR North Little Rock	R. Scott Ogilby	501-835-2359		(North Shore)	
AZ Scottsdale	Denise Caldwell	480-970-6428	IL Chicago	Patrick Uhm	847-676-0200
AZ Tempe	Jeane Lashinnske	480-423-1645		(Asian Communities)	
AZ Tucson	Frank Tuoti	520-749-3443	IL Chicago	Rev. William Sheehan	773-493-3590
CA Encino	Sr. Linda Snow	818-784-4515	IL Moline	Sr. Audrey Cleary	319-333-6189
CA Encino	Carol Rome	818-386-9171	IL Oak Park	Fr. Joseph Ruiz	708-848-4417
CA Eureka	Ken Meece	707-269-4245	IL Peoria	Sr. Catherine Cleary	309-693-7063
CA Hermosa Beach	Tom Murdock	310-376-6616	IL Springfield	Sr. Helen Horne	217-787-0481
CA Hermosa Beach	Rev. Paul Lawson	310-376-8989	IN Beech Grove	Sr. Carol Falkner	317-788-7581
CA LaVerne	Fr. Martin O'Loughlen	909-593-8494	IN Beverly Shores	George Cairns	219-878-9781
CA Long Beach	Barbara Brown-Thompson	562-433-7901		(Northern IN)	
CA Los Angeles	Sr. Catherine Bazar	323-222-5157	IN Ferdinand	Sr. Kristine Harpenau	800-880-2777x290
CA Pleasanton	Richard Wilder	415-462-7208	IN Greenwood	Laurel Simon	317-887-0462
CA Sacramento	Liberty Kovacs	916-452-0483	KS Wichita	Dan Rensel	316-744-2919
CA San Diego	Fr. Justin Langille	619-226-6000	KY Burlington	Gina Linnemann	859-689-5859
CA San Francisco	Mary English	415-282-8076	KY Louisville	Dennis Skelton	502-897-7738
CA San Francisco	Mark Lodico	415-252-1667	KY Melbourne	Sr. Micki Martin	859-441-0679
CA San Gabriel	Rev. James Clark	626-282-5147	KY New Haven	Jean Johnson	502-549-3122
CA San Jose	Jean Ramacciotti	650-326-5256	LA Baton Rouge	Monica Freeman	225-924-3812
CO Breckenridge	Jim Bernlohr	970-453-6003	LA Houma	Sr. Fionnuala Quinn	504-850-3444
CO Boulder	Barbara Hayden	303-494-2845	LA Lake Charles	Barbara Tomme	337-855-4239
CO Carbondale	Patricia Johnson	970-963-3964	LA New Orleans	Daniel DeMers	504-394-1795
CO Clifton	Pat Becker	970-434-8650	MA Acton	Frank Powaza	978-263-0639
CO Colorado Springs	David Salamon	719-475-7011	MA Amherst	Connie Daniel	413-256-1369
CO Colorado Springs	Sr. Michele Fischer	719-473-5226	MA Andover	Sr. Lorraine Planka	978-458-5750
CO Denver	Rev. David Morgan	303-832-7309	MA Rockport	Robert Hope	978-546-6044
CO Denver	Sr. Bernadette Teasdale	303-698-7729	MA Taunton	Ethel Fraga	508-822-2410
CO Denver	John Congdon	303-355-1731	MA West Chatham	Kathleen Rhinesmith	508-945-5092
CO Fort Collins	Laura Campbell	970-229-1508	MD Germantown	Ronald Barnett	301-540-2693
CO Fort Collins	Rosemary Kislung	970-225-6359	ME Waldoboro	Adele Millette	207-832-6263
CO Montrose	Nick Cole	970-249-7355	MI Adrian	Carol DiMarcello	989-263-0828
CO Snowmass	Bonnie Shimizu	970-927-3858	MI Detroit	Fr. Ken McKenna	989-592-8218
CT Greenwich	Pat Castellano	203-531-6528	MI Grosse Pt	Bernadette Thibodeau	313-882-4824
CT Weston	Raymond Tucker	203-227-6186	MI Haslett	Bella Mody	989-339-1647
DC Washington	Janet Aldrich	301-515-3858	MI Saginaw	Nan Spence	989-791-7079
FL Anna Maria	Robert Fasulo	941-778-3091	MI Chasset	Nicholas Eltgroth	218-328-6396
FL Boynton Beach	Mary Anne Wagner	561-642-1872	MN Duluth	Meridith Schifsky	218-525-9363
FL Boynton Beach	Zoila Diaz	561-732-4424	MN Mendota Heights	Yong Chin Denn	651-306-0348
FL Bradenton	Janet Gallagher	941-795-3991	MN Staples	Carol Weber	218-894-3631
FL Cocoa	Adalberto Henriquez	321-631-8040	MN St Joseph	Sr. Katherine Howard	320-363-7187
FL Miami	Barbara Rietberg	305-386-7507	MN St. Paul	Sr. Virginia Matter	651-777-7251
FL So.Miami (Hispanic)	Carmen Sanchez	305-661-6966	MO St. Louis	Susan Komis	888-350-5088
FL Mount Dora	Helen Williamson	352-735-0958	MO St. Louis	Diane Guerra	314-918-8288
FL New Smyrna Beach	Jacque Brinkman	888-321-5610	MO St. Louis	Renee Bennett	314-918-8288
FL Orlando (Hispanic)	Ilse Reissner	407-767-8271	MS Jackson	Sr. Therese Jacobs	601-981-3567
FL Orlando	Basha Perez	407-869-0781	MT Missoula	Jean Woessner	406-721-3540
FL Satellite Beach	Rosemary Van Pelt	321-777-3389	NC Asheville	Steve Rainey	828-689-2343
FL St Petersburg	Marjorie & John Rafferty	727-345-7908	NC Hendersonville	Joe Lancaster	828-625-9753
FL Venice	Mimi & Terry Reilly	941-484-9543	NC Cary	John Kelsey	919-467-0045
GA Atlanta	Hadley Morris	404-577-3501	NC Chapel Hill	Jim Biggins	919-969-9604
HI Honolulu	Susan Thornett	808-262-7487	NC Charlotte	Barbara Rockett	704-540-2570
HI Honolulu	Dr.Cathie Jordan	808-988-7265	NC Raleigh	Flo Hartye	919-876-8935
IA Clarksville	Rev. David Walters	563-278-4224	NC Winston-Salem	Joan Ricci Thome	336-765-0865
IA Davenport	Mary Jeanne Blough	563-344-0744	NE Gering	Joe & Pat Masek	308-436-8215
IA Davenport	Sr. Kathleen Eberdt	563-323-9466	NE Omaha	Sharon Anderson	402-346-8429
IA Davenport	Marie Howard	563-289-4712	NE Omaha	Eleanore McNulty	402-333-3819
IA Des Moines	Rev Dan Krettek	515-282-4839	NH Manchester	Sr. Maryann Laughlin	603-627-9493
IA Fairfield	Rev Stephen Page	515-472-3179	NJ Bayonne	Therese Saulnier	201-436-8256
IA Iowa City	Mary Merkel-Hess	319-338-9128	NJ Eatontown	Marianne Daley	732-542-0264
IL Chicago (Southern)	George Cairns	773-752-5757 x 235	NJ Medford	Doris Curley	609-654-3417
IL Chicago (NW Suburbs)	Margie Tomlinson	847-391-0997	NJ Rancocas	Sr. Marcy Springer	609-877-0509
IL Chicago	Sr. Benita Jasurda	630-969-7040	NJ Teaneck	Joanne O'Neill	201-837-5908

NM	Albuquerque	Sr. Amata Dawson	505-877-4211
NM	Sante Fe	Susan Rush	505-466-4527
NY	Albany	Bruce Gardiner	518-325-5546
NY	Bayville	Paula Hastings	516-628-3486
NY	Brooklyn	Dr. William Fredrickson	718-499-7366
NY	Buffalo	Sr. Dorothy Feltz	716-895-2591
NY	Buffalo	Msgr. David Gallivan	716-847-6930
NY	East Meadow	Anne Mazza	516-794-8233
NY	Franklin Square	Barbara Sullivan	516-481-0472
NY	Hartsdale	Thomas Skinner	914-328-0420
NY	Manhattan	James Marsh	718-335-7056
NY	Manhattan	Tony Russo	212-285-1296
NY	Mt. Tremper	Ann Gallagher	845-338-1829
NY	New Rochelle	Elena Green	914-235-0313
NY	Nyack	Sr. Rose Vermette	914-358-4040
NY	Orchard Park	Br. John Crocker	716-667-6311
NY	Port Chester	Joseph Zepf	914-937-2168
NY	Walden	Cathy McCarthy	845-778-2102
NY	Warwick	Susan Supak	845-986-4975
NY	Whitestone	Fr. Robert Cheesman	718-321-1096
OH	Cincinnati	Susan Tew	513-871-8270
OH	Cleveland	Kay Powers	216-932-8911
OH	Cleveland	Fr. William Fickel	440-442-3411
OH	Waynesville	Gerry McLaughlin	513-897-4012
OR	Ashland	Rev. Jack & Bev Gorsuch	541-552-1974
OR	Beaverton	Virginia Graham	503-645-3448
OR	Mt. Angel	Sr. Antoinette Traeger	503-845-2786
PA	Erie	Mary Dwyer	814-838-6469
PA	Erie	Sr. Rita Panciera	814-456-1802
PA	Frenchville	Sr. Therese Dush	814-263-4855
PA	Lancaster	Elise Kandel	717-290-7889
PA	New Baltimore	Rev. Mark Begley	814-733-2210
PA	Philadelphia	Sr. Margaret Gradl	610-644-1152
PA	Pittsburgh	Jeanne Kish	412-279-9505
PA	Pittsburgh	Rev. Francis Meenan	412-761-6651
SC	Greenville	Judy Lineback	864-246-3973
SD	Rapid City	Sr. Marmion Howe	605-343-2688
TN	Chattanooga	Rev. Margaret Mullen	423-877-2428
TN	Knoxville	Fr. Terry Ryan	423-523-7931
TN	Memphis	Sr. Joann Mascari	901-374-0204
TN	Nashville	Carol Wray	615-373-0613
TN	Pulaski	Sr. Jean Tavin	931-363-5776
TX	Austin	Tim & Barbara Cook	512-347-9673
TX	Dallas Area	Sandra Guancial	972-771-0173
TX	Dickinson (Hispanic)	Jose Castro	281-337-1312
TX	Fort Worth	Rev. Timothy Thompson	817-284-4811
TX	Houston	Fred Eckart Jr.	888-526-9186
TX	Houston	Drue Pollan	713-218-9760
TX	San Antonio	Rev. Homer Bain	210-616-0885
UT	Salt Lake City	Theresa Brown Bell	801-596-8902
VA	Charlottesville	Jody Blatz	804-973-9590
VA	Richmond	April Swofford	804-648-7678
VA	Roanoke	Rev. John Runkle	540-343-0159
WA	Sammamish	Ruth Dundon	425-427-9290
WA	Seattle	Barbara Huston	206-282-9076
WA	Spokane	Gary & Lynnette Meisen-Vehrs	509-325-1909
WI	Milwaukee	Sr. Kathryn Ann Kobelinski	414-282-7310
WI	Milwaukee	Barbara Prendergast	414-964-1268
WI	Sister Bay	Anne Egan	414-854-5755
WY	Alta	Rev. Sandy Casey-Martus	307-353-8100
WY	Cheyenne	Shelley Adams	307-634-4832
WY	Cheyenne	Sr. Therese Steiner	307-778-8778

C.O. Contacts Outside the United States

AUSTRALIA

Claremont	Fr. Douglas Conlan	0119147381449
Connolly	Rev. Gerry Doyle	0116193003035
Hilton	Stephen & Mandy Skipper	0116193355541
Rivervale	Philip Carrier	0116194575493
Trigg	David & Christina Rushton	0116194472342

BAHAMAS

Nassau	Sr. Annie Thompson	242-323-5517
--------	--------------------	--------------

BRAZIL

Belo Horizonte-Minas Gerais	Jandira Soares Pimentel	011-55-31-3378-7624
-----------------------------	-------------------------	---------------------

CANADA

Toronto, Ontario	Carolyn Gratton	416-922-6451
Winnipeg	Sr. Catherine Labinowich	204-338-4601

DOMINICAN REPUBLIC

Santo Domingo	Isabel de Marion Landais	809-482-1710
Santo Domingo	Vicky Brache de Acra	809-562-2214

EL SALVADOR

San Salvador	Leila de Membreno	11-50-326-33402
--------------	-------------------	-----------------

ENGLAND

Isle of Wight	Ian Wilson	011-44-1983-529659
Nr Preston	Pat & Joe Finn	011-44-1772-813421
Preston	Mrs. Elizabeth Smith	011-44-1772-629520
Sheffield	Sylvia Jones	0-114-2886885
W. Yorkshire	Ann O'Donnell	011-44-113-226-1396

GUAM

Dededo	Sr. Bernadette Marie Leon Guerrero	671-632-2384
--------	------------------------------------	--------------

IRELAND

Wexford	Fr. Thomas Brennan	011-35-353-24368
Wexford	Fr. Tom Dalton	011-35-353-22055
Wexford	Sr. M. Dolores	011-35-354-66634
Wexford	Sr. Ita Miller	011-35-353-33580

NORTHERN IRELAND

Strabane, Co. Tyrone	Fr. Declan Boland	011064828375
----------------------	-------------------	--------------

MALAYSIA

Kuala Lumpur	Lawrence Wong	6-03-2562549
Kuala Lumpur	George Chang	6-03-77854675

MEXICO

Metepec (Hispanic)	Judith Bernal	011-52-7-271-1703
--------------------	---------------	-------------------

NETHERLANDS

Appingedam	Sr. Ange van der Pers	011-31-59-662-3631
Diemen	Anneke Smit	011-31-20-416-0233
Dwingeloo	Ernst van Gulik	011-31-521-522103
Heemstede	Joan Heldring	011-31-23-528-8217
Lelystad	Kees Sybrandi	011-31-320-252416
Stadskanaal	Jorg Buller	011-31-118617804
Tytsjerk	Joke Van Doorn	011-31-511-432787
Veendam	Dick van Vliet	011-31-598-622731

PHILIPPINES

Makati	Grace Padilla	011-632-8109573
Makati	Lita Salinas	011-632-468108825

PUERTO RICO

San Juan	Maria Luisa Ason	787-753-0758
----------	------------------	--------------

SINGAPORE

Perindu	Cecilia Ee	011-65-241-2663
---------	------------	-----------------

SOUTH AFRICA

Capetown	Urs & Dawn Geiges	011-27-21-761-9337
Grahamstown	Wendy Sweetman	011-27-46-636-1002
Johannesburg	Pat Pearce	011-27-11-884-4136
Pretoria	Sr. Francis Grogan	011-27-12-343-0111
Durban	Denise Allen	011-27-31-702-9590
Rivonia	Maria McLoughlin	011-27-11-803-1831

SOUTH KOREA

Seoul	Sr. Marie David Choi	011-822-923-3547
-------	----------------------	------------------

SWITZERLAND

Geneva	Charles Christophi	011-41-22-707-0830
--------	--------------------	--------------------



Contemplative Outreach News

A SEMI-ANNUAL NEWSLETTER FOR THE GROWING CONTEMPLATIVE OUTREACH COMMUNITY WORLD-WIDE.

Contemplative Outreach Vision Statement

Contemplative Outreach is a spiritual network of individuals and small faith communities committed to living the contemplative dimension of the Gospel in everyday life through the practice of Centering Prayer. The contemplative dimension of the Gospel manifests itself in an ever-deepening union with the living Christ and the practical caring for others that flows from that relationship.

Our purpose is to share the method of Centering Prayer and its immediate conceptual background. We also encourage the practice of Lectio Divina, particularly its movement into Contemplative Prayer, which a regular and established practice of Centering Prayer facilitates.

We identify with the Christian Contemplative Heritage. While we are formed by our respective denominations, we are united in our common search for God and the experience of the living Christ through Centering Prayer. We affirm our solidarity with the contemplative dimension of other religions and sacred traditions, with the needs and rights of the whole human family, and with all creation.

Networking, Resources, and Workshop Presenters are available at the Contemplative Outreach International Office. For more information contact:

Contemplative Outreach Ltd.
International Office
P.O. Box 737 - 10 Park Place
Suite 2B
Butler, New Jersey 07405
Tel: 973-838-3384
Fax: 973-492-5795

Editor: Susan Supak
Design/Layout: Beth Gould



Contemplative Outreach Ltd.
International Office
P.O. Box 737 - 10 Park Place
Suite 2B
Butler, New Jersey 07405

NONPROFIT ORG.
U.S. Postage
PAID
Cincinnati, OH
Permit No. 4742

Postmaster: Address Correction Requested

Contemplative Outreach, Ltd.
International Office
P.O. Box 737
Butler, NJ 07405

Contemplative Outreach News

- My comments and suggestions are enclosed.
- My email address is enclosed.
- Please remove my name from your mailing list.



Thank you for your kindness

Name _____

Address _____
