

Contemplative Outreach



Centering Prayer Group Facilitator Support Service Team



*Serving Others
on the Spiritual Journey
in Community*



Resources:

- The Facilitator Handbook
- Facilitator Formation Level I Workshop
- Facilitator Formation Level II Workshops
- Assistance with planning and presentation of workshops
- Answer to questions about facilitation of a group and formation of group facilitators



For information and resources:
contemplativeoutreach.org

(Type **Facilitator Formation** in the search box)

To contact us:
office@coutreach.org

Faith Sharing

To help the facilitation of group discussions it is recommended that Centering Prayer groups reach consensus on a clear statement of purpose and clear guidelines for sharing.

Guidelines for Faith Sharing in Centering Prayer Groups

These guidelines are important to the community as they come together to share.

- We accept one another as we are.
- We do not give advice.
- We do not criticize what others share.
- We listen attentively and without interruption when someone else is speaking.
- We keep the sharing in the group absolutely confidential.
- We share experiences from our own lives, not abstract ideas.
- We gather to care, not to cure or remove the crisis or pain. God does the healing.
- We decide among ourselves how much time we will devote to sharing, making sure that each person who wants to share will have a chance to speak.
- We are always free to remain silent if we wish.
- We will love each other as Christ loves us.
- The facilitator (or group members) has permission to remind the group when straying from these guidelines.

These guidelines should be discussed by the group and modified if desired, to fit the particular needs of the group. Once the guidelines are agreed upon, they should be returned to from time to time to renew the group agreement.

*Excerpt from the Facilitator Handbook,
Section 3, 'Faith Sharing'*