

CO 2019 Conference-Chapter Day of Enrichment
Contemplative Outreach Evolution, Transformation, Service
Suggested schedule and content outline

Suggested Schedule: This schedule can be adapted as needed.

At the end of this document you will also find additional materials to help you plan this event.

- **Welcome** (5 minutes) by Chapter Coordinator or Event Organizer
- **Centering Prayer** (30 min)
- **Overview of the day** (10 minutes)
- **Focus:** The focus for this day is on the evolution, transformation and future of Contemplative Outreach provided in three video presentations along with small group sharing.
- **Table Formation:** Tables of 6 to 8 participants will be assigned a facilitator who explains the tasks of recording and reporting and asks for volunteers.
- **Table Activity Ice Breaker:** Participants may introduce themselves, share where they practice Centering Prayer and why they have come to this day of enrichment.
- **First Video/Discussion session:** The Roots of Contemplative Outreach as an Evolving Community

—**Prayerfully read and reflect on Contemplative Outreach Guideline for Service #1 with Commentary:** *Contemplative Outreach is an evolving community with an expanding vision and deepening practice of Centering Prayer, that serves the changing needs of Christian contemplatives.*

Contemplative Outreach as a community, is a living organism that is interactive, interconnected, interdependent, and dynamic. It aspires to function without a hierarchical structure and is designed to share Centering Prayer and its contemplative vision as widely as possible.

— **Participant focus:**

Watch the video for ideas that expand your vision regarding the Centering Prayer community:

Spiritual Journey Video 28 B: “The Roots of Contemplative Outreach as an Evolving Community”

<https://www.youtube.com/watch?v=BUWYh0J1zyM> (29 minutes)

— **Table discussion 30 minutes**

• **Break**

• **Second Video/Discussion:** Contemplative Outreach as an Evolving Community

— **Prayerfully read and reflect on Contemplative Outreach Theological Principle #1**

with Commentary: *Contemplative Outreach is a network of communities and individuals seeking the inspiration and guidance of the Holy Spirit and to contribute to the renewal of the Christian contemplative tradition through the practice of Centering Prayer.*

The fundamental purpose of Centering Prayer and of Contemplative Outreach is to further the knowledge and experience of God’s love in the consciousness of the human family. Contemplative Outreach provides basic instruction in Centering Prayer and additional programs to sustain the development in contemplation and the process of transformation.

— **Participant focus:** Watch the video to see how Contemplative Outreach is already a “soulful organization” and how individuals and chapters can “dance” with Contemplative Outreach’s ongoing evolution:

” *Frederic Laloux - How to Become a Soulful Organization*”

<https://www.youtube.com/watch?v=GxGGkrtKZaA&t=57s> (7 minutes)

— **Table discussion 30 minutes**

- **Lunch**

- **Third Video/Discussion:** The Future of Contemplative Outreach

—**Prayerfully read and reflect on Contemplative Outreach Guideline for Service #7 with commentary:** *We reach decisions through prayerful discernment, aiming toward consensus especially in matters of major importance.*

In view of the prayerful discernment process, consensus for us does not require unanimity, but all members in the group need to have a voice in the discussion. If consensus cannot be reached after adequate consultation in the group as well as with those who will be directly affected, a simple majority can decide. When time is of the essence a person or small team may be entrusted to resolve the impasse. Once decided, all honor the decision in the spirit of unity. For ordinary matters, those to whom a particular responsibility has been delegated do what is necessary to fulfill their appointed task.

—**Participant focus:** Watch the video to see how to ensure that everyone's voice is heard during group decision making:

« *Frederic Laloux on The Equalization of Value* »

[https://www.youtube.com/watch?v= a0Zf7EnU0k](https://www.youtube.com/watch?v=a0Zf7EnU0k) (8 minutes)

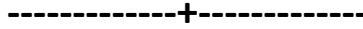
—**Table discussion 30 minutes**

- **Role play (15 minutes)** Solicit six to eight volunteers to role play demonstrating how *consensus* is used in Contemplative Outreach to make decisions.

- **Table Reports:** Each table presents three ideas on how to move forward to the large group.

- **Concluding Remarks** : Implications of the day's discussions.

- **Centering Prayer / Closing Prayer**



Additional materials:

- [Advance Planning Suggestions](#)
- [Consensus Role Playing](#)
- [Laloux CO Vision Grid for additional material](#)
- [Guidelines for Sharing](#)